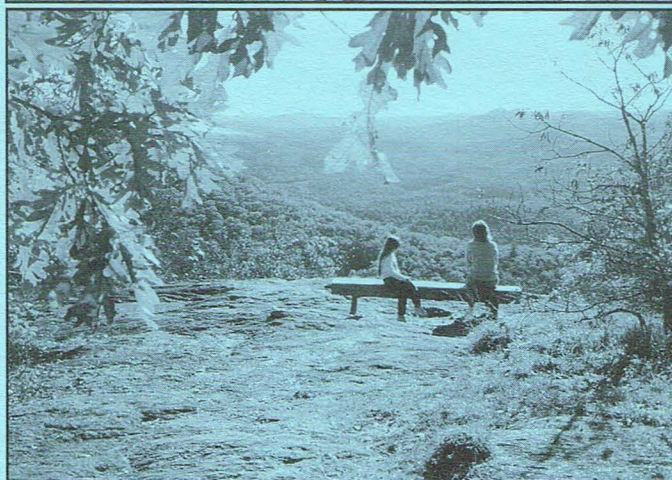


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# Make The Mountain Part of Your 2001!



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## PROGRAM CALENDAR

### SPRING — FALL 2001

THE MOUNTAIN RETREAT & LEARNING CENTERS, INC.





## Retreat Center Programs

Register today by using the registration form on page 11 or calling The Mountain office (828) 526-5838. More detailed brochures are available for most retreat center programs. Call the office for more information.

### **African Drum and Dance Wednesday, March 21 – Sunday, March 25, 2001 2-4 night options available. Discounts for early registration.**

Spend a long weekend immersed in the sights and sounds of African drumming and dancing! **Chuck Cogliandro** and his talented faculty return again to The Mountain to share their experiences and percussive energy with drummers and dancers of all ages and abilities.

Beginning through advanced 90 minute drumming classes will be offered. Open drum circles and Western African cultural presentations will be available to everyone. And, of course, you can show off YOUR skills at the talent show on Saturday night as well as be blown away by the skills of lead instructors, **Mohamed** and **Aisha Diaby**.

Make your own drum with the skilled help of master drum making instructor, **Tom Harris**. (Extra fees and supply orders must be arranged in advance.)

Prepare for each day with a 7 a.m. yoga class with instructor, **Karen Thomson**.

### **8th Annual – Embracing Our Lesbian Identity April 20 - 22, 2001                      \$134 - \$162**

Plan on enjoying this special weekend of spirited fun, laughter, exploration, companionship and dancing. A time for lesbian women of all ages to come together in community, you will feel welcomed and appreciated at this special weekend. Return home renewed and emboldened after a weekend of sharing your stories and challenges, your joys and concerns; and your hopes for the future. Open for singles and couples.

### **Fly Fishing Weekend April 20 – 22, 2001                      \$250 per person**

Spend a weekend with The Mountain's own avid fly fisherman, **Mike Stein**. Learn the basics of fly fishing while casting and catching fish in nearby lakes and rivers. Topics include fishing strategies, casting skills, knots, flies and fly selection. Mike will be instructing both in the classroom and at the water, and will be available for individual help and instruction while fishing. For those who are new to fly fishing



*Mike Stein making his catch of the day.*

or have been fishing a lot, this is a good opportunity to explore some of the available fishin' holes in the area. A North Carolina license is required and is available nearby. The group will practice catch and release. The program begins Friday with dinner and runs through Sunday afternoon. The cost of the class includes instruction, housing and six meals. The class will be limited to six participants.

## WHAT'S INSIDE

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## **Mother Daughter Spring Retreat May 4 - 6, 2001 \$145 - \$165**

Get a jump on Mother's Day by spending the weekend before Mother's Day at The Mountain. This unique weekend for mothers and their daughters, age 11-18, is designed to provide shared experiences in a community of acceptance, warmth, comfort and the serene natural beauty of the Southern Mountains. Plan now to celebrate your mother daughter relationship at The Mountain this May!

## **Members & Donors Weekend Memorial Day 2001, May 25 - 28, 2001 Annual Meeting May 26, 2001, 7:30 p.m.**

Calling all Mountain members and donors! Plan to join us for this very special Memorial Day Weekend. Together we'll experience music, nature, visions of the future, work projects, art, crafts, worship and the Annual Meeting.

Enjoy Saturday afternoon barbecue with all the fixins' and fun of a picnic. Art programs and craft projects will be offered for youth and others wanting to create a memory of The Mountain to take home. On Sunday, the annual early morning memorial service will be held in the Memorial Garden honoring Life Members who have died during the past year. Following breakfast we'll join together for worship. Plus you'll get an update on the Mountain's vision for the future.

Two and three night options available—see the April issue of *Mountain Matters* for more details or call The Mountain office for more information.

## **Exploring the Nantahala Wilderness Plan a MountainScape June 17 - 21, 2001 \$315 - \$365**

Come to The Mountain at the height of rhododendron season for a Nantahala Wilderness Adventure. Join naturalist **George Ellison** and folklorist **Lee Knight**, who team up to lead you into a most unusual part of western North Carolina,



the Nantahala River Watershed, home to many rare and unusual plants. You'll spend two days exploring: learning the wildflowers, birds and some of the human history of the area, visiting scenic areas and walking a bit on the Appalachian Trail. After exploring the area, we'll finish with a raft trip on the Nantahala River. So pack your walking shoes and your adventurer's spirit and join us for a Nantahala Wilderness adventure.

## **Family MountainCamp July 1- 7, 2001 \$395 - \$465 for adults; \$155 for youth**

Go to camp together! Your family will experience typical "camp" activities—boating and swimming on the lake; community building within and between families on the Challenges courses; non-competitive games, arts and crafts; folk dancing, hiking, nature study and much more. Beat the heat and take time out this summer to enjoy your family Mountain style.



## **The Church Retreat You Don't Have to Plan October 26 - 28, 2001 \$145 for adults; \$70 for youth**

Thinking about having a church retreat but you just don't have time to plan all the activities, recruit the workshop leaders and other volunteers? Let The Mountain do the work for you!

Join UUs from around the region and hike in the fall colors, enjoy outdoor and indoor activities and community. All you have to do is pull together a group from your church to come. *Discounts will be available for UU congregations that have not had a retreat at The Mountain in the last three years.*

***Mark your calendar and look for  
more information in the mail.***



## Programs at the Mountain

The following programs will be held at The Mountain but are being organized by other groups. Please note the contact listed to learn more about the program, the sponsoring organization and how to register.

### **Family and Divorce Mediation Training Feb 25, 2001 – March 2, 2001**

**Tuition: \$1,295**

**Rate: \$340-\$370** depending on housing

This 40 hour comprehensive and interactive course includes an introduction to conflict management theory, the dynamics and legal aspects of separation and divorce, to prepare you to mediate issues including: parenting schedules and responsibilities; property and debt division; child support; alimony and spousal support. Therapists, marriage counselors, ministers, lawyers, accountants, psychologists, social workers and others who deal with separating or divorcing couples and want to extend their practice to mediation would benefit from this course. Continuing Education Credits available.

Tuition discounts available. To learn more call **Carolina Conciliation Corporation** at 800-757-2272 or 336-499-2272.

### **Gay Spirit Visions Annual Spring Retreat "2001 - A Spirit Odyssey" March 30 - April 1, 2001**

This retreat will provide opportunities of connecting intimately with other men who love men in spirit, mind, body, and soul. Come revive and renew your gay spirit.

For more information, contact **Bruce Parrish** at 404-874-8258.

### **Wisdom Whispers: Birthing Our Voice UU WomenSpirit Spring Institute and Gathering May 16 - 20, 2001**

The Institute and Gathering are biannual events that offer the experience of an all-women retreat where women can strengthen their talents and renew their energy in a supportive and safe environment.

For more information, contact **Donna Gibson** at 850-477-0699.

### **Unitarian Universalist Musicians Network Annual Conference July 31 - August 5, 2001**

The Continental Conference of the UU Musicians Network (UUMN) will take place here at The Mountain this summer. This is the annual gathering for music directors, committee chairs, choir members, accompanists, composers, or anyone interested and involved in the role of music in congregations. The conference is open only to UUMN members – but *anyone is welcome to join UUMN!*

If you'd like to receive UUMN member information or a conference brochure, please contact the **UUMN Services Office** at [uumn@gis.net](mailto:uumn@gis.net) or 800-969-8866.

### **Re-Membering Pachamama International Mesa Carriers Medicine Gathering September 6 - 9, 2001**

The conference will bring together teachers and wisdom-keepers from South America and from North America. Their work integrates ancient and contemporary wisdom teachings and healing practices and uses the *mesa*, a living system of medicine work that is similar in some ways to the medicine wheel of the North Americans. The work is based in shamanic teachings, including the basic understanding that we are part of a world of living energy and are connected with all that exists here on *Pachamama* (the Andean name for Mother Earth). Native Voices gatherings regularly feature **Oscar Miro-Quesada**, a Peruvian-born transpersonal psychologist and teacher of cross-cultural ceremonial shamanism. He began his studies over 30 years with two of the legendary wisdom keepers of South America (**Don Benito Corihuamman** from near Cusco and **Don Celso Rojas** from the northern coast of Peru) and has been deeply initiated into ancient healing traditions of the Andes and of coastal Peru.

For more information, call **Anita Stewart**, 404-373-1219 or email [samanita@mindspring.com](mailto:samanita@mindspring.com).

## **Create Your Own Personal Mountain Retreat This Year**

Call the office for drop in rates and create your personal retreat today!  
There is a rocking chair on the deck reserved for you, a book in the library,  
good meals cooking . . . and the trails await.



# Elderhostel

## Discover Adventures in Learning . . . Elderhostel programs for adults ages 55 and older

A part of our programming since 1983, Elderhostel weeks at The Mountain offer extraordinary opportunities to expand your physical and mental horizons and meet new friends. *What is an Adventures in Learning program like?* It's an educational experience and vacation rolled into five days and nights. Program weeks typically offer three courses on various topics, covering a range of subjects from nature studies



to Appalachian culture, music and literature, to adventure programs and Appalachian theme weeks. Each week has a minimum of

23 hours of instruction with exciting faculty – dynamic local area experts as well as those from across the country.

Elderhostelers come together as a group of individuals who share a common passion for learning, forming the basis for lasting friendships, and intellectual and personal growth. Prior formal education or knowledge of the subjects is not required to enjoy Elderhostel programs; an open, inquisitive, mature mind is all that's needed. There is no homework, exams, grades or credits; intellectual exchange, discovery, and fun is the end result.



Registration for an Elderhostel program at The Mountain must go through Elderhostel. To register call Elderhostel toll free at **877- 426-8056**, or go on line to [www.elderhostel.org](http://www.elderhostel.org).

Dates	Program	Price
April 1 – 6	Southern Appalachian Culture through Stories; America's History through Folk Music; and T'ai Chi	\$380
April 8 – 13	Down Home Appalachia: Homesteading, History and Culture as told through Music & Natural History	\$385
April 22 - 27	Walking the Appalachians; Appalachian Culture through Music; & Roots of the Scotch-Irish	\$390
April 29-May 4	Appalachian Home Theme Week: Mountain People; Natural History; Civil War	\$385
May 6-11	Natural Heritage of Appalachia Theme Week: Natural and Human History	\$385
May 13-18	Appalachian Fun: An Adventure for Active Women Hiking, rafting, other adventures	\$420
May 20-25	Hiking in the Southern Appalachians	\$400
May 27-June 1	In the Footsteps of William Bartram: Cherokee and Natural History	\$400
June 3-8	Appalachian Outdoor Adventure! Hiking, rafting and other adventures	\$420
June 10-15	Appalachian Hiking and Whitewater Adventure: Raft two rivers, take two all day hikes.	\$490
August 5-10	Mountain Adventure for Grandparents and Grandchildren	\$420 grandparents \$360 grandchildren
August 12-17	Appalachian Hiking and Whitewater Adventure: Raft Nantahala and Chattooga, hike Appalachian and Bartram Trails.	\$520
August 19-24	Wealth of the Appalachians: History and Culture of the Southern Mountains	\$420
August 26-31	Appalachian Outdoor Adventure! Hiking, rafting and other adventures	\$420
Sept. 1-6	Hiking in the Southern Appalachians	\$410
Sept. 9-14	Appalachian Home Theme Week: Literature; Natural History; Music and Stories	\$385
Sept. 23-28	Appalachian Fun: An Adventure for Active Women	\$420
Sept. 30-Oct. 5	Natural History; Appalachian Culture Through Music; Roots of the Scots-Irish	\$385

■ See next two pages for dates in March and October. ■



## Calendar at a Glance

**Note:** Programs in **bold print** are open to the public and with few exceptions there is always room for drop-ins or small to mid-size groups.

### MARCH 2001

- 1-3 Fulfilling the Promise Steering Committee Meeting
- 9-11 Native Voices
- 9-11 NWUU Women's Retreat from Atlanta, GA
- 11-16 **Elderhostel**
- 16-18 Spirit Weekend
- 16-18 Mountain Ambassadors' Weekend
- 18-23 **Elderhostel**
- 21-25 **African Drum & Dance (pg. 2)**
- 25-30 **Elderhostel**
- 30-Apr. 1 **Gay Spirit Visions Spring Retreat (pg. 4)**

### APRIL 2001

- 1-6 **Elderhostel**
- 6-8 Augusta UU Retreat
- Greenville UU Retreat
- UU Congregation of Atlanta Retreat
- 8-13 **Elderhostel**
- 16-19 SEUUMA conference
- 18-20 Enviroscope
- 20-22 **Embracing Your Lesbian Identity (pg. 4)**
- 20-22 **Fly Fishing Weekend (pg. 2)**
- 22-27 **Elderhostel**
- 28-29 Enviroscope
- 29-May 4 **Elderhostel**

### MAY 2001

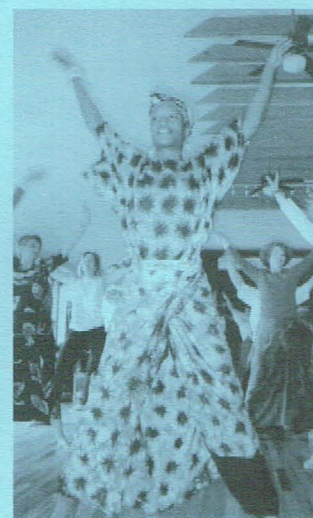
- 2-4 Enviroscope
- 4-6 **Mother-Daughter Spring Retreat (pg. 2)**
- Emerson UU Work Weekend
- 5-6 Enviroscope
- 6-11 **Elderhostel**
- 12-13 Enviroscope
- 13-18 **Elderhostel**
- 16-18 **Womenspirit Institute (pg. 4)**
- 18-20 **Womenspirit Gathering (pg. 4)**
- 20-25 **Elderhostel**
- 25-28 Memorial Day – Members & Donors
- Weekend (pg. 3)
- 25-28 Mountain Board of Trustees Meeting
- 27-1 **Elderhostel**
- 30-1 Enviroscope

### JUNE 2001

- 1-3 Franklin Family Fellowship
- 3-9 Dallas LSSJ
- 3-8 **Elderhostel**
- 10-15 **Elderhostel**
- 10-July 14 **ASCENDERS**
- 10-July 28 **CITs**
- 17-21 **Exploring the Nantahala Wilderness:**
- MountainScape (pg. 3)**
- 17-30 **Jr. High MountainCamp**
- 17-30 **Sr. High Back Country Adventure Camp**
- 22-24 Energy Psych
- 24-30 Boys and Girls Club

### JULY 2001

- 1-7 **Family MountainCamp (pg. 3)**
- 1-7 **Beginning MountainCamp**
- 1-14 **Elementary MountainCamp**
- 1-14 **Work & Adventure MountainCamp**
- 8-14 **Leadership School for Social Justice (pg. 8)**
- 8-14 **Leadership School for Religious**
- Educators (pg. 9)**
- 15-20 NC Museum of Natural Sciences
- 15-20 Girls in Science
- 15-28 **Sr. High MountainCamp**
- 15-28 **Jr. High Back Country Adventure Camp**
- 22-28 **Mountain School for Congregational**
- Leadership (pg. 9)**
- 31-Aug. 5 **UU Musicians**
- Network**
- Conference**
- (pg. 4)**



*Aisha Diaby demonstrating  
African dancing.*



**Calendar at a Glance** (Continued)**AUGUST 2001**

- 5-10 **Elderhostel**  
 8-12 **African Drum & Dance**  
 12-17 **Elderhostel**  
 16-19 TJ District Board Meeting  
 17-19 Native Voices  
 17-19 Mountain Ambassadors' Weekend  
 19-24 **Elderhostel**  
 26-31 **Elderhostel**  
 31-Sept. 3 **2001: A Leadership Odyssey** (pg. 8)

**SEPTEMBER 2001**

- 1-6 **Elderhostel**  
 6-9 **Re-Membering Pachamama: International  
 Mesa Carriers Medicine Gathering** (pg. 4)  
 9-14 **Elderhostel**  
 16-22 **Elderhostel**  
 19-23 **Gay Spirit Visions Fall Retreat**  
 23-28 **Elderhostel**  
 26-28 **WomenSpirit Fall Institute**  
 28-30 **WomenSpirit Fall Gathering**  
 30-Oct. 5 **Elderhostel**

*An Elderhostel group taking  
 time out at a shelter on the  
 Appalachian Trail.*

**OCTOBER 2001**

- 5-7 UU of Hendersonville, UU of Transylvania  
 County & Franklin UU Fellowship Retreat  
 5-7 Emerson UU Retreat  
 7-12 **Elderhostel**  
 12-14 NWUU Retreat  
 12-14 UUCA (Atlanta) Men's Retreat  
 12-14 Presbyterian Student Center  
 14-19 **Elderhostel**  
 15-19 Enviroscope  
 19-21 Redeemer Lutheran Retreat  
 Winston- Salem UU Retreat  
 21-26 **Elderhostel**  
 26-28 **The Church Retreat You Don't Have  
 to Plan!** (pg. 3)  
 28-Nov. 2 **Elderhostel**



## MountainCamps Are Filling Fast – REGISTER TODAY!

Haven't seen a MountainCamp 2001 brochure in your mailbox? Call The Mountain office today to receive a copy. Don't delay—many camps are filling, so hurry if you want your kids or grandkids to attend!

<b>Camp</b>	<b>Dates</b>	<b>Ages</b>	<b>Price</b>
Beginning MountainCamp	July 1 - 7	Rising 1st thru 3rd graders	\$399
Elementary MountainCamp	July 1 - 14	Rising 3rd thru 6th graders	\$844
Jr. High MountainCamp	June 17 - 30	Rising 7th thru 9th Graders	\$864
Jr. High Backcountry Adventure Camp	July 15 - 28	Jr. High	\$864
Work & Adventure	July 1 - 14	Rising 8th thru 12th Graders	\$784
Sr. High MountainCamp	July 15 - 28	Rising 10th thru 2001 Graduates	\$864
Sr. High Backcountry Adventure Camp	June 17-30	Sr. High	\$864
ASCENDERS	June 10 - July 14	Rising 11th thru 12th Graders	\$754
CIT (Counselors in Training)	June 10 - July 28	Rising 12th thru 2001 graduates	\$894



# Milestone Learning Center Programs

For more information about either of these programs, call or e-mail **Kirstin Maanum** (ext. 226) or **Shelley Denham** (ext. 224). To register, use form on page 11 or call The Mountain office (828) 526-5838.

## Leadership School for Social Justice

**July 8 – 14, 2001**

**\$388**

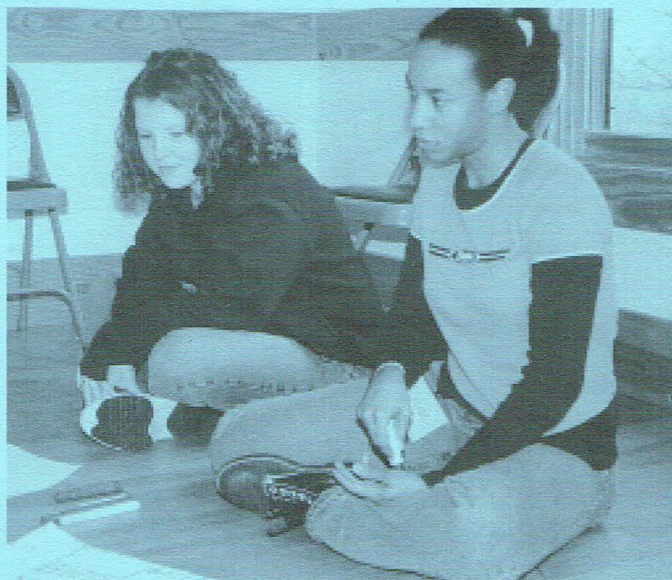
**For rising 10th graders – 2001 HS Graduates**

Do you want to play an important role in making the world a better place? Do you need to learn how to start, or what to do next? Are you already involved in community service or activist work? Do you believe in the potential of youth and young adults to be effective social change agents? If your answer to any of these questions is “YES” then you won’t want to miss Milestone’s annual open enrollment Leadership School for Social Justice!

This is a great opportunity to gain skills, knowledge and tools that will expand your leadership capacity in your local school, congregation or community organization. Through outdoor adventures, experiential workshops, arts and service activities, you’ll be able to explore you own values, learn about others’ perspectives, and find ways to put your ideas into action.

“It is amazing how it changed me and now I am not afraid of standing alone, speaking my voice, and it being one of truth.” This is the perspective of one of our past participants. Come and see how Leadership School may change you!

Individuals are welcome to sign up. We also encourage you to come with a “core group” (3-4 from a community), as a way to build an ongoing network and support for each other when you go back home. Scholarships are available – so register today!



## 2001: A Leadership Odyssey

**August 31 – September 3, 2001**

**\$153 - \$174**

Attention all UU Young Adults! A dynamic new leadership experience will take place at The Mountain this fall. This web-enhanced, faith-based training will provide concrete tools and spiritual deepening; its purpose is to light the fire of social change, while empowering UU young adults to work within congregations. Sponsored by Milestone Learning Center in collaboration with the Learning Center for Leadership, the weekend will be designed and led by a continental-wide Steering Committee whose members are: **Matt Cockrum, Lydia Deering, Barb Greve, Kirstin Maanum, Marc Loustau, Joey Lyons, Laurel Amabile, Helen Bishop** and **Shelley Denham**.

If you are a UU Young Adult, whether or not currently affiliated with a specific congregational or campus group, you won’t want to miss this opportunity to work with a community of peers in this unique program. Wherever is activism, there are young adults leading the way. This program is made possible through the generous support of the Unitarian Universalist Funding Program. Make your plans now—space will be limited!



# Learning Center for Leadership Programs

## Leadership School for Religious Educators July 8 - 14, 2001

Early Bird Rate — **\$400** for registrations received before April 30, 2000

Regular Rate — **\$450** for registrations received between May 1 and June 1.

*Registration fees supported by professional religious educators.*

Rates include housing and meals. No registrations will be accepted after June 1



Expand your professional skills with religious education colleagues at The Mountain. Leadership School provides opportunities to explore your own leadership style, gain interpersonal and organizational skills, deepen your spiritual life, and network with people from small, mid-size and large Unitarian Universalist congregations.

### Faculty

Laurel Amabile, Dr. Helen Bishop, The Rev. Cynthia Breen, The Rev. Linda Olson Peebles, The Rev. Susan V. Rak, and Susan Smith.

## The Mountain School for Congregational Leadership July 22 - 28, 2001

Early Bird Rate — **\$580** for registrations received by May 22

Regular Rate — **\$600** for registrations received after June 22

Rates include housing and meals. No registrations accepted after June 22; limited to 40 students

Come to The Mountain for an opportunity to expand your skills as a congregational leader. The School for Congregational Leadership provides opportunities to explore your own leadership style, gain interpersonal and organizational skills, deepen your spiritual life, and network with people from small, mid-size and large Unitarian Universalist congregations in the Southeast.

### Faculty

Laurel Amabile, Dr. Helen Bishop, The Rev. William Haney, The Rev. Joan Kahn-Schneider, Glenn Reider, Jason Shelton, Robert E. Smith, and Frony Ward.

## Leadership Schools' Areas of Focus

- Temperaments and styles
- Small group dynamics
- Organizational development for UU congregations
- Systems thinking
- Size dynamics
- Professional RE standards
- Working with volunteers
- Conflict management
- Working with professional staff
- UU heritage and values
- Worship





# The Details

## Registration Information

The registration form found on the next page may be used for any Retreat Center, Milestone Learning Center or Learning Center for Leadership program listed in this Program Calendar.

## How to fill out the registration form

**Section 1** – Fill in the program name and dates as listed in this program calendar.

**Section 2** – Fill in the contact information section with the information for the primary registrant and list additional registrants in the box provided. Multiple participants may be registered for the same program on the same form

### Section 3 –

- Indicate your 1st, 2nd, and 3rd choice for your lodging preference by writing a “1st” “2nd” and “3rd” in the box provided.
- **All rates are per person and based on double occupancy.** A space is available on the registration form to indicate a roommate preference. We will assign you a roommate if you do not come with one or request one.
- If you would like to request a private room, use the check box on the registration form. This request will be honored if available. There is a \$32 surcharge per night for a private single room.
- Housing preferences are not guaranteed but honored by date registration is received.
- Prices listed in this program calendar include lodging, programs, and meals.

**Section 4** – Please list any mobility considerations and indicate if you require wheelchair accessible accommodations. This information will assist the Mountain office when it allocates housing for a program.

**Section 5** – Please indicate any foods you DO NOT eat or check the box if you have no special dietary needs.

**Section 6** – Please indicate nonrefundable deposit enclosed with registration. A \$50 nonrefundable nontransferable deposit is required for each adult for a 2-3 night program; A \$150 nonrefundable nontransferable deposit is required for each adult for a 4+ night program, and a \$25 nonrefundable deposit is required for each youth ages 4- 17 for a 2-3 night program; a \$50 nonrefundable nontransferable deposit is required for each youth for a 4+ night program. The deposit is applied to your final bill. Deposit is nonrefundable in the event of cancellation.

## Staying at The Mountain

**Accommodations** – Linens, blankets, pillows, and towels are provided in all lodge or cabin rooms. Each living space is heated and includes a bathroom. There are no phones or TV's in living accommodations, but phones are available on our campus.

**Special Needs** – Wheelchair accessible rooms and cabins (with specially-equipped bathrooms) are available. All primary meeting spaces are accessible.

**Meeting Space** – Classes and evening programs are held in various locations on the campus, including the Lodge and the REC Hall. A small Library Reference Center located in the Lodge is available for reading and book check-out. All meeting spaces, lodging and dining are connected by paved trails.

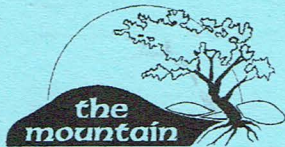
**Dining Hall** – Delicious meals with both vegetarian and meat offerings are served buffet style each day in our community Dining Hall, just a short walk from the Lodge and cabins. Social Time occurs each evening before dinner with most programs in Heritage Hall, adjacent to the Dining Hall.

## Have You Booked Your 2001 Retreat or Meeting at The Mountain?

Call now! Dates in 2001 are filling up fast. Mountain staff is ready, willing and able to help you plan a retreat, seminar or meeting to remember! Whether you are planning your congregation's retreat, your workplace staff training or a meeting for the organization you work or volunteer for, The Mountain is the place to do it!

From trust walks to team building on the challenge courses, white water rafting to a stroll down The Mountain trail, sitting on the lodge deck to singing by the campfire, your retreat can have it all. The Mountain can accommodate groups up to 130. Make sure you do not miss out. Call **Carol Hamilton** at (828) 526-5838, x217 to reserve your group's space.





# REGISTRATION FORM

This registration form may be used to register for ALL programs (whether sponsored by Retreat Center, Milestone Learning Center or Learning Center for Leadership).

**1 Program Name:** \_\_\_\_\_

Dates: \_\_\_\_\_

**2 Registrant:** \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Evening Phone: (\_\_\_\_\_) \_\_\_\_\_ Day Phone: (\_\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Enter names of ALL registrants as you want them to appear on namelists:

Adults	Gender	Life Member?	Youth, children, infants	Age	Gender

**3 • Lodging Preference:** Indicate 1st, 2nd, 3rd choices. Please contact The Mountain office for lodging descriptions.

♦ Housing preferences are not guaranteed but honored by date registration is received. Prices include lodging, programs, and meals. We will assign you a roommate if you do not come with one, or request one. There is a \$32 surcharge per night for private single room, if available.

**LODGE \***  
Private bath (for adults)

**CABIN \***  
Private bath

**CABIN \*\***  
Shared bath

\* 2-3 people sharing a bathroom in either the lodge or a cabin.

\*\* 4-8 people sharing a bathroom in a cabin.

☐ Private room requested

Roommate Preference (if not registering together): \_\_\_\_\_

Bed Preference (subject to availability): Twin \_\_\_\_\_ Double (for 2) \_\_\_\_\_ Crib \_\_\_\_\_

**4 Mobility Considerations:** \_\_\_\_\_

**5 Dietary Preference:**

☐ Check this box if you have NO special dietary needs.

Indicate food you DO NOT eat:

fish \_\_\_\_\_ poultry \_\_\_\_\_ dairy \_\_\_\_\_ eggs \_\_\_\_\_ red meat \_\_\_\_\_ pork \_\_\_\_\_

Special dietary considerations: Allergies? Special diets? Vegan? (Please be specific)



**6 NONREFUNDABLE DEPOSIT ENCLOSED:** \$ \_\_\_\_\_. A \$50 nonrefundable, nontransferable deposit is required for each adult for a 2-3 night program; A \$150 nonrefundable, nontransferable deposit is required for each adult for a 4+ night program; and a \$25 nonrefundable, nontransferable deposit is required for each youth (ages 4-17) for a 2-3 night program; a \$50 nonrefundable, nontransferable deposit is required for each youth for a 4+ night program. Your check payable to The Mountain is preferred; Visa and MasterCard can be used by legibly printing your complete card number and expiration date below, and signing the space provided. The deposit is applied to your final bill. Deposit is nonrefundable in the event of cancellation.

Visa/MasterCard #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Print Name (as appears on card): \_\_\_\_\_

Cardholder's signature: \_\_\_\_\_

201PC

Office use only:

Deposit received:

Housing:

Data:

Confirmed:



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# Discover The Mountain

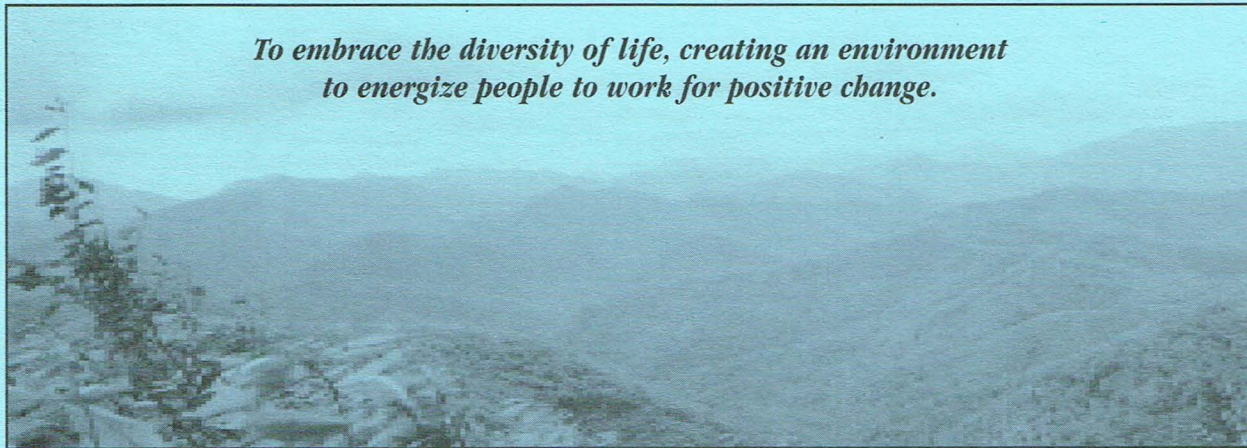
Located high in the Blue Ridge of the Southern Appalachian Mountains, The Mountain Retreat and Learning Centers is a place to expand your horizons—explore new ideas, meet new people and re-connect with yourself, community and the natural world.

Surrounded by the Nantahala National Forest, our home is Little Scaly Mountain—four miles southwest of Highlands, North Carolina. At 4200' elevation, perched atop striking granite cliffs and nestled in an ancient dwarf white oak wind

forest, our site is spectacular, with dramatic vistas, quiet places and lots to do.

Open year-round, The Mountain offers excellent programming for all ages. Inspiration mixes with renewal as you challenge yourself to grow and learn. Browse this Program Calendar to discover more about the opportunities from learning, renewal, personal growth and just plain fun that await you at The Mountain in 2001.

*To embrace the diversity of life, creating an environment  
to energize people to work for positive change.*



20+ YEARS OF COMMUNITY

THE MOUNTAIN  
RETREAT & LEARNING CENTERS, INC.  
P.O. Box 1299  
Highlands, NC 28741

**Register today . . . to make The Mountain part of your 2001!  
See inside for exciting spring, summer and fall programs.**