



MountainCamp 2001

Memories that last a lifetime . . .

Get geared up for MountainCamp 2001

It's one of the most valuable and fun experiences a young person can have! Your camper will come away with memories that last a lifetime. **MountainCamp** fosters belonging and acceptance in a truly safe environment. Committed to providing meaningful, quality experiences for all youth, MountainCamp offers a variety of programs. Whether you are looking for two weeks of adventure or a summer-long experience in leadership training, you'll find your niche at **The Mountain**.



MountainCamp Setting

Nestled in western North Carolina's Blue Ridge, Little Scaly Mountain, 4,200 feet in elevation, is the home of **The Mountain** Retreat and Learning Centers. This is the land of clear mountain streams, hardwood forests, waterfalls and high mountain balds. Our location provides a natural playground with endless outdoor adventure opportunities. Our 96 acres of mountain woodland borders National Forest land and offers a variety of hiking trails, lake swimming, canoeing and kayaking, open fields for play, as well as a low and high challenge course.



Creating Your Day

The Mountain promotes individual choice and responsibility. Starting with Elementary Camp, your camper will determine his/her own schedule based on the activities offered and what is appealing. This allows us to offer support and to challenge each camper at his/her level of development and interest.

Following Morning Circle each day, groups will depart for off-site adventures, such as river rafting, exploring the nooks and crannies of Granite City, or hiking Siler Bald. On-site activities offer a variety of favorite workshops, such as tie-dyeing or learning to juggle, playing Dead Ant on the field, lake fun with the canoes and playaks, and the thrill of the challenge course. Your camper will have the chance to demonstrate his/her talents and participate in entertaining evening programs, friendship, community, and experience wonderful **Mountain** meals



Staff

We believe our staff is the key to a successful and positive summer for all our campers. Many counselors are experienced MountainCampers themselves and know what a valuable experience camp provides. All counselors go through an extensive training process to ensure that **MountainCamp** provides a responsible, safe, and caring environment. Our counselor-to-camper ratio is 1 to 4 ensuring that youth receive the attention needed to promote community and well being. We are very proud of our MountainCamp Counselors and many show their dedication by returning year after year.

Beginning MountainCamp

July 1 - 7, 2001

\$399

Rising 1st through 3rd Graders

We invite youngsters to join us for six days of exploration and outdoor activities. This is a chance to expose your youngest campers to the natural wonders through experiential education, as they study some of their favorite subjects: animals, plants, earth, rocks, and water. The hands-on activities, trips to the nature center and fish hatchery, hiking, rock sliding, and arts and crafts and music are all part of the program and keep beginning campers focused and busy. Beginning MountainCamp introduces

your youngest campers to a safe and caring environment and gives them the opportunity to explore and grow. *Enrollment is limited to 16.*



Elementary MountainCamp

July 1 - 14, 2001

\$844

Rising 3rd through 6th Graders

Come to Elementary MountainCamp to learn! Your camper will have the opportunity to develop skills through experience. We'll take hikes and play games in the forest, test his or her limits on our bouldering wall, go rock sliding, and even spend the night camping out. Young people will learn about themselves and their peers as they participate in creating camp programs such as a Worship service and evening family councils. Elementary MountainCamp establishes the enthusiasm in campers that leads them back to **The Mountain** for years to come. *Enrollment is limited to 56.*





Junior High MountainCamp

June 17 - 30, 2001
\$864

Rising 7th through 9th Graders

Calling all energetic and adventure-seeking young people! You will enjoy two lively weeks of fun, community building and exploring your beliefs. Lake and river rafting, overnight camping, and the low/high ropes course are

just a few examples of the adventures awaiting you. Energizing workshops, held daily, encourage creativity, learning new skills and exploring the unknown. You will develop friendships and create memories to last a lifetime. *Enrollment is limited to 90.*



Work and Adventure

July 1 - 14, 2001
\$784

Rising 8th through 12th Graders

Ready for Adventure? Spend two weeks challenging yourself, experiencing nature, and giving back to the community in this quest for challenging environment adventure. "Grunge" takes on new meaning as modern conveniences are left behind. Campers will not take

showers, wear make-up, or even deodorant, whew! These adventurers sleep out under the stars every night. During week one, campers will learn the value of community service and give back through work projects. The focus will be on team building and commitment with low and high challenge course activities, rock climbing, and preparing for week two. White-water rafting, four days of backpacking, and exploring the glory of our domain fill the second week of new challenges. Campers will experience the natural world, explore their relationship with each other and, most importantly, learn about themselves. *Enrollment is limited to 18.*





Senior High MountainCamp

July 15 - 28, 2001
\$864

Rising 10th through 2001 Graduates

Join us for Senior High MountainCamp — an opportunity to develop a cooperative and supportive community and have life-changing experiences. Explore your spiritual side by planning Vespers and Worship, or push your physical

limits by hiking, white-water rafting, and the 24-HOUR EXPERIENCE! Try the low and high ropes challenge course and discover the difference positive emotional support makes. *Workday* allows the group to give back to the community and leave a positive gift for other **Mountain** guests. Everyone will enjoy Theme Day and evening programs designed by the "Spirits," a group of Senior High Camp Leaders selected during MountainCamp '00. Participate in this special camp and open doors to your exciting future. *Enrollment is limited to 90.*

Backcountry Adventure Camp

Sr. High — June 17 - 30, 2001

Jr. High — July 15 - 28, 2001

\$864

MountainCamp is venturing out — in more ways than one! Are you ready for an adventure of a lifetime? Join us for a brand new 100% backpacking adventure session. Campers will hit the trail for an amazing eleven days, covering up to 100 miles on local trails. Don't miss this opportunity to really challenge yourself and have a once-in-a-lifetime experience. The small size permits a true natural experience while minimally impacting our natural resources. Try something new this year! *Enrollment limited to 8.*

NEW!



**Please refer to page 9 of this brochure for
registration instructions.**

Summer Long Programs

ASCENDER MountainCamp

All Summer Campers Exploring Nature's Delights & Experiencing Re-Creation
June 10 - July 14, 2001
\$754
Rising 11th through 12th Graders

Ever wonder what it would be like to work at **The Mountain**? ASCENDER MountainCamp is a 5-week program for young people interested in building skills through hands-on work experience while undergoing team building and personal growth. ASCENDERS will live as a group with two mentors and gain work experience by rotating through various **Mountain** departments as "apprentices" to qualified staff members. Through time in the kitchen, the main office, youth camp and program implementation, housekeeping and maintenance, ASCENDERS learn new skills, take on greater responsibility and independence. ASCENDERS do much more than work 5 days a week. They also spend 2 days each week focusing on team building and adventure activities, including hikes, white-water rafting, rock climbing, or various other mountain programs. Most past ASCENDERS have stayed on through July and attended Senior High MountainCamp (see discounts).

Counselor-in-Training (CIT)

June 10 - July 28, 2001
\$894
Rising 12th through 2001 Graduates

Interested in working with Youth? Want to become a camp counselor or develop leadership skills? Be a CIT for the summer! CITs will learn the skills it takes to become a camp counselor and responsible leader. CITs will be selected to live as a group with two mentors during the 7-week program. The first two weeks will be spent in training with their group and with counselors during day trips and workshops. While camp is in session, CITs will be responsible for cabin activities, planning field day, and leading an evening program. CITs have 1 day off each week, as well as 1 trip-training day which focuses on building solid adventure skills. Serving as a CIT is a rewarding and challenging opportunity that requires patience, compassion, empathy, and a commitment to working with youth. Get your application in soon!

ASCENDER and CIT Application Information

- An application and 3 references are required to apply for the ASCENDER or CIT program. Please contact **Mike Stein**, Youth Programs Director at (828) 526-5838, **Ext. 234**, or e-mail him at **mountain@dnet.net** (attention "Mike").
- Allow plenty of time to complete your application so that it is a quality expression of yourself. Applications may be handwritten, typed, or tape recorded. Selection is based on the application and references, not prior **Mountain** experience. Please make sure all your information is received on time. **Closing date is February 15, 2001!**
- ASCENDER applicants who also wish to attend Senior High MountainCamp must register separately. CIT applicants who are not accepted into the CIT program will have a space held for them in Senior High Camp. However, they forfeit that space if it is not accepted within one week following CIT selections.
- If you are accepted into the ASCENDER or CIT program, the \$150 deposit is due within one week of acceptance.

More Opportunities for Youth & Young Adults at The Mountain

Milestone Learning Center sponsors a variety of offerings for youth and young adults. Focused on social justice issues, programs are participant-driven and designed to facilitate leadership development of youth and young adults. Learn more about LEAP (Leadership Ethical Action Project) and the Leadership School for Social Justice (LSSJ) by calling **Anne Mayher**, LEAP Coordinator (**Ext. 238**) or **Kirstin Maanum**, LSSJ Coordinator (**Ext. 226**) at **(828) 526-5838** or e-mailing to mountain@dnet.net (attn: Milestone).

Campership Available

If you are in need of financial assistance in paying for camp, we are happy to consider a Campership for you. Please contact **Larry Wheeler** in writing (e-mail is acceptable) detailing your situation and **the dollar amount that you need**.

You can apply before or after you register for camp; however, a registration and FULL deposit are required to reserve a space in camp. **The deadline for Campership requests is March 1, 2001.** In case of additional financial need, please contact us about a payment plan.



Camp Minister (Spiritual Leader) and Wellness Center Supervisor Needed!

MountainCamp will need to fill these positions for next summer. If you are interested, please contact **Mike Stein**, Youth Programs Director at The Mountain by e-mailing him at mountain@dnet.net (attention "Mike").

Camp Minister: We need someone to lead the daily worship services and workshop for the Sunday Worship. Ministers, DREs, or anyone else with experience leading youth in spiritual experiences is welcome. We will be looking to have a Minister for each session (Jr. High, Elementary, and Sr. High). Housing and meals will be provided.

Wellness Center Supervisor: Responsible for daily health care of campers including: handing out medications, standard first aid when needed, taking youth to hospital if necessary, supervising sick campers, and emotional support. This position does provide a 50% discount for any child attending camp.

Instructions for Registration for ALL 2001 CAMPS

REGISTRATION FORM

- Fill out a registration form (1 copy enclosed) for each camper for each camp s/he will attend. For example, if your camper is attending both Junior High Camp and Work & Adventure, make a copy and fill out one registration form for Junior High Camp and one for Work & Adventure.

DEPOSIT

- Enclose your *nonrefundable* deposit of \$150 per camp with your registration forms. WE CANNOT PROCESS YOUR REGISTRATION WITHOUT A DEPOSIT.

CONFIRMATION

- After we receive your registration and deposit, we will send you a confirmation packet in early February 2001. Please fill out and return all pre-arrival forms by May 1, 2001.

PAYMENT DUE DATE

- **Full payment for camp is due on May 1, 2001**, along with your forms. If payment in full is not received by May 1 and we have people on our waitlist for that camp, we will notify you and then cancel your registration. If you cancel after May 1, after full payment is received, you will receive a 50% refund IF IT IS AT LEAST 4 WEEKS BEFORE THE START DATE OF THAT CAMP SESSION and cancellation notice is in writing. This policy enables us to pass on space openings to campers who are on the waiting list.

WAITLISTS

- Youth Camps are often filled by February 1. PLEASE REGISTER EARLY! If we receive your registration after a camp session is full, we will contact you immediately, and you can place your name on the waitlist with your deposit. If you choose to remain on the waitlist, you will be informed if a space becomes available. If a space

opens and you do not take it, your deposit is subject to the regular deposit refund policy. If no space becomes available, you will be refunded your full deposit. You can remove your name from the waitlist at anytime before a space becomes available, and receive a refund of your full deposit. We encourage you to place your child's name on the waitlist because spaces do frequently open.

DISCOUNTS

1. \$50 off basic fees if your child attends 2 or more MountainCamps (excluding 1-week camps).
2. \$50 discount per camp session if we receive payment in full by December 31, 2000.
3. \$20 discount per child per camp if you are a Life Member of **The Mountain**.
4. \$10 discount for second and subsequent child from same family.

CAMPER STAY-OVER

- If your child is attending more than one camp session, our supervised stay-over program is available free of charge. However, you need to register for this service. You will receive a "Camp Stay-Over Registration" form with your confirmation packet. Please return this form by May 1, 2001, along with your other pre-arrival forms if you would like your child to stay in our care in-between sessions.
- We will have little or no space for parents to stay overnight at **The Mountain** when dropping off or picking up your child. Call The Mountain office for a list of nearby accommodations.

The Mountain's Tax ID# - 58-1396972



The Mountain relies on people like you – people who believe in what we do – to support our efforts to improve both our facilities and programs. How can you show your support? If you would like to make a donation to our Scholarship Fund for Youth, please contact **Larry Wheeler**, (828) 526-5838, **Ext. 230**.



REGISTRATION FORM

Use separate form (photocopy) for each child and each camp.

The Mountain Retreat & Learning Centers, Inc.



MountainCamp

P.O. Box 1299

Highlands, NC 28741-1299

(828) 526-5838 • Fax (828) 526-2511

FEIN: 58-1396972

Name of Camp Session _____

Dates _____ Price _____

Camper's Full Name _____

Birthdate _____ Age as of May 1, 2001 _____ Grade 9/01 _____ Gender M F

Home Street Address _____

City _____ State _____ Zip _____ Phone (____) _____

Who lives with Camper at above address? Father ☐ Mother ☐ Guardian ☐

Names of Father _____ Day Phone (____) _____

Parents/Guardians:

Mother _____ Day Phone (____) _____

Siblings' Names _____ Gender M F

_____ Gender M F

_____ Gender M F

Check T-Shirt size needed: Child — S ☐ M ☐ L ☐ Adult — S ☐ M ☐ L ☐ XL ☐ XXL ☐

If camper has divorced/separated parents or another situation resulting in a second home, please fill out the alternate parent information below. Otherwise, skip this section.

Alternate Parent's Name _____

Street Address _____

City _____ State _____ Zip _____ Evening Phone (____) _____

Who is responsible for fees?

Name _____ Phone (____) _____

Address _____ City _____ State _____ Zip _____

NO REGISTRATION / RESERVATION WITHOUT DEPOSIT

A \$150 deposit for each camper is required to hold space for each camp. Your check is preferred. VISA and MasterCard can also be used by carefully printing card number and expiration date and signing below. The deposit will be deducted from the total amount due. **DEPOSIT IS NON-REFUNDABLE. FULL PAYMENT DUE MAY 1, 2001.**

VISA or MasterCard only: Signature of Cardholder _____

Printed Name of Cardholder _____

Credit Card # _____ Expiration Date _____ Amount \$ _____

Received \$

Date Rec'd:

Date Entered:

Confirmation mailed:

MountainCamp 2001 at a Glance

June 10 – July 14	ASCENDERS
June 10 – July 28	CIT
June 17 – 30	Jr. High Camp
June 17 – 30	Backcountry Adventure Camp (Sr. High)
July 1 – 7	Beginning Camp
July 1 – 14	Elementary Camp
July 1 – 14	Work & Adventure
July 15 – 28	Sr. High Camp
July 15 – 28	Backcountry Adventure Camp (Jr. High)



See you this summer!

REGISTER by 12/31/00
and get \$50 off! *See page 9 for details.*

THE MOUNTAIN RETREAT AND LEARNING CENTERS, INC. is an equal opportunity employer / provider.

Presorted
Non-Profit
US Postage
PAID
Highlands, NC
Permit No. 46

THE MOUNTAIN
RETREAT & LEARNING CENTERS, INC.
P.O. Box 1299, Highlands, NC 28741

