

Program Calendar



Highlands Camp & Conference Center, Inc.



August 1996 thru April 1997

Welcome to



the mountain



The planning committee for the
UU Church of Chattanooga Retreat
Back Row - Jeannette Beach, The Rev
Melanie Sullivan, Joe LeBlanc, Janet
Kennedy; Front Row - Jack Slate, Laura
Miller, Delores Wood

Joining together in community at a place like **the mountain** is rewarding in many different ways. **The Rev. Melanie Sullivan** recently described her experience in this way:

"Here we have gathered, at **the mountain**, this place of Unitarian Universalist hopes and dreams, this place of beauty and wonder, this place of communion with ourselves, with one another, and with nature. Here we have come, out of our individual lives and homes, to help strengthen our "circle of kinship," the community of liberal faith that we are building together. Here we have experienced what it means to get to know each other better on a deeper level."

Building strong connected communities, embracing differences, recognizing similarities, and making a difference in people's lives - That's what **the mountain** is about!

To further the goal of strengthening our "circle of kinship" and finding common ground, this August **the mountain** is offering the Multifaith Conference: Linking Our Spiritual Values With Our Political Work. This is a first for us. With this effort, **the mountain** staff joins hands with other committed social activists representing diverse theologies. We will all work toward the common good of social justice. Our goal is to create proactive initiatives that can be employed by social justice activists to adjust the present imbalance of influence held by the religious right.

mountain
programs
matter —
Multi-Faith
week this
summer

The Multifaith Conference, like much of our programming, provides a chance to network, share, learn, rejuvenate, and seek positive solutions to the challenges we face every day. Take a close look at the enclosed calendar. There is sure to be a program that speaks to you and can help prepare you for the future—with information, relaxation, or celebration.

the mountain is a place for you to strengthen your "circle of kinship" in a liberal, spiritual, naturally glorious environment.

Program Highlights

Multifaith Conference

Aug. 6 - 11, 1996

*\$383

Presented jointly by **the mountain** and the UUA Social Justice Department, this new program will bring together leaders of various religious political action groups to discuss issues of social justice, to form alliances, and to build trust and community across group lines. Aimed at countering the religious right in the November '96 elections, we will address the issues of anti-racism, homophobia, reproductive choice, equal rights, separation of church and state, and more. We'll have interfaith worship, music and outdoor experiences too. Because of the nature of this program a youth program will not be provided. Call immediately for details.

Summer African Drumming & Dancing Weekend

Aug. 22- 25, 1996

*\$187

Stone Montgomery returns for another exhilarating weekend! He'll have just returned from Africa and will have lots of new things to teach us. As always, he'll talk a bit about African culture and philosophy, but mostly **we will drum** and **we will dance!** We're offering two-night and limited three-night options to suit varying schedules, time for individualized instruction at whatever level it's needed, and free time to hike, swim, read, loaf - or drum some more! **the mountain** has a limited number of rental drums - call for details. There'll be no Youth Program but older youth are welcome to participate.

2nd Annual Scaly Mountain Folk Music Festival

Sept. 13 - 15, 1996

*\$131

You've heard 'em at SUUSI . . . You've heard 'em at MAUUI . . . You may have even heard 'em at your own church or fellowship. Now hear 'em all at one place! Some of the finest UU folksingers around today will be at the 2nd Annual Scaly Mountain Folk Music Festival! Pete Leary and Lee Knight return from last year's inaugural festival along with Bill & Lorain Harouff who'll serve as hosts and emcees. There'll be new faces too, including powerful blues singer/guitarist Sherli Sherwood from Winston Salem, NC. We'll have continuous performances on Saturday, an open mike session (bring your instrument), and a special Bill & Lorain concert plus folkdancing on Saturday night. Don't miss it! No Youth Program - older youth are welcome to participate.

Program Highlights (Cont'd.)

mountain FallFest

Oct. 4 - 6, 1996

*\$121

October is the time for autumn splendor at **the mountain** and this family-oriented weekend is designed to make the most of it! Saturday there'll be a morning hike for the active sorts plus one of our popular waterfall tours for others. The afternoon will feature a great new intergenerational craft activity, and a folk dance is planned for the evening. Get away to **the mountain** for this relaxing weekend.

Senior High Fall Break

Oct. 4 - 6, 1996

\$55

High school Juniors and Seniors are invited to "come home" to **the mountain** for this exciting new weekend. Renew acquaintances from camp, CONS, or our Winter Break and meet new friends as well. In workshop sessions, we'll examine issues of social justice. We'll also have initiatives and other outdoor activities (amid spectacular fall colors), plus a trust walk, crafts, vespers, and time to just "hang out". Lodging will be in cabins.

MAUI V

Oct. 18 - 20, 1996

*\$130

MAUI V - the 5th annual **mountain** Autumn UU Institute—a chance to reconnect with friends from SUUSI, SWIM or one of the other large UU gatherings— all amid the glory that is **the mountain** in autumn! Days will feature workshops on a wide variety of subjects from serious to sublime, plus free time to hike or just enjoy the October splendor. Nights are for dancing and/ or listening to your favorite music at Cabaret. MAUI V - plan now to join us!

mountain HarvestFest

Nov. 1 - 3, 1996

*\$126

One of the oldest programs at **the mountain**, HarvestFest continues to be one of our most popular! Join us for the last of the fall colors plus all the other activities which have made the weekend so popular. There'll be active and passive options for Saturday morning, with separate youth programming if there are sufficient registrations by 10/1/96. Saturday afternoon will feature our 5th annual "Turtle Pond Trot" road race (5K for runners, 1 mile for walkers) with a new Youth Division for kids 14

and under (1 mile run/walk). The traditional beer-tasting party for adults will be better than ever and we're planning some new things for the simultaneous Cider Party as well. All this, plus time for music, relaxing and worship too. HarvestFest at **the mountain** - the tradition continues! *There are extra charges for Turtle Pond Trot participation, T-shirt, and Beer Tasting.

Native American Spirituality Weekend

Nov. 15 - 17, 1996

*\$123

At its 1995 General Assembly, the UUA recognized the value of Earth-based religions, including those of Native Americans. In response, we held our first Native American Spirituality Weekend in April 1996. Participants were unanimous in their praise of the experience. This time, Amy Walker (of Cherokee and Lakota ancestry) will return from Cherokee, NC to be our main leader. She'll be joined by Rev. Heather Collins, minister of the UU Congregation of Gwinnett, GA and by Ron Litton, UU layperson also from Gwinnett. Amy will teach and guide us as we experience Native ritual and ceremony, while Heather and Ron will help us understand how this knowledge can become part our "regular" UU worship. No youth programming. Limit 25 - so register early!

Youth CONs (Conferences)

Senior High (Grades 10 - 12) Nov. 15 -17, 1996

\$55

Junior High (Grades 7 - 9) Nov. 22 - 24, 1996

\$55

CONs are times for youth to gather on **the mountain** for CONnection with friends old and new (UU and non-UU alike), CONcentration on an important theme, CONsideration of values and what's important, and lots of good CONversation. Both weekends include a work project which CONtributes to **the mountain**. Check with your youth advisors or DRE and sign up with your group now!

mountain Life Members' Thanksgiving

Nov. 27 - Dec. 1, 1996

*\$94 - \$161

Each year we honor those special folks - our Life Members - with this exclusive weekend. New plans and old memories will both be shared in abundance, as will music, crafts, and food - including the traditional brunch and candlelight feast on Thanksgiving Day! You'll be able to work off any pounds you gain by hiking and doing other outdoor activities, although if you just want to "veg out," you can do that too. All Life Members are encouraged to join us.

Program Highlights (Cont'd.)

Christmas on *the mountain*

Dec. 22 - 26, 1996

*\$103 - \$199

If the pace of the holidays got you down last year, you're sure to appreciate the laid-back tradition of Christmas at ***the mountain***. We hold formal programming to a minimum so ***mountain*** staff can have a holiday too, but there'll still be great food, music, crafts and stories around the fire . . . plus lots of time to do just what you want - hike, spend time with family and friends, or just snooze. That's a traditional Christmas on ***the mountain***!

Senior High Winter Break

Dec. 26 - 29, 1996

\$79

High school Juniors and Seniors are invited to leave the Christmas mess at home and come on "home" to ***the mountain*** for this special time. Meet friends old and new, discuss vital issues during workshop sessions, spend time outdoors, share crafts and vespers, and just "hang out" for awhile. Lodging will be in cabins. Plan now to be here - you'll be glad you did!

Kwanzaa

Dec. 26 - 29, 1996

*\$118 - \$165

This traditional African celebration is now being observed by caring people of all ethnic backgrounds. Its strong emphasis upon family and sharing make it both a welcome complement to the Christmas tradition and, for some, a meaningful alternative. We'll share the background as well as the spirit of the event with food, drumming, dancing, storytelling and warm fellowship around the fire, plus outdoor activities as only ***the mountain*** can provide. Be part of this new program at ***the mountain***!

New Years' on *the mountain*

Dec. 30, 1996 - Jan. 2, 1997

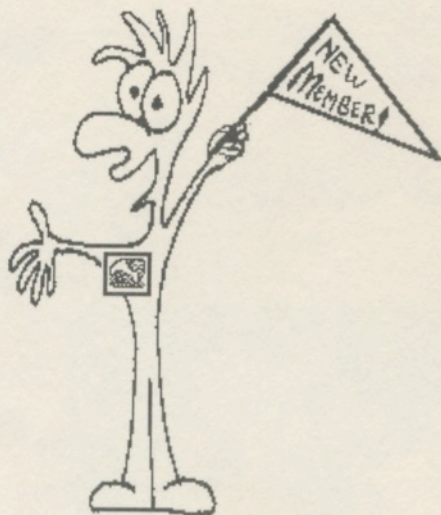
*\$103 - \$199

You could spend New Years' Eve in Times Square with "The Ball" and the booze . . . or you could spend it at home, going to bed early and getting a good night's sleep . . . OR . . . you could spend it at ***the mountain***! We'll have a laid-back holiday with good food and lots of time for reflection, introspection, and relaxation. Plan now to join us - call or write for more details.

*NOTE: Prices shown are for a cabin room with a private bath. The cost for a Lodge room is \$5/night more; a shared-bath cabin room is \$5/night less. Price ranges shown depend on length of stay. Program fees vary. All prices are based on double occupancy.



the mountain was founded in 1979 by Unitarian Universalist visionaries who saw the need for a retreat center and a camp for youth - a place to share their values. Our visionaries could not have found a more beautiful mountain top than Little Scaly. It is a natural sanctuary fitting for the beauty and passion of our faith.



Since 1979 **the mountain** has grown into a year-round facility with a proud tradition of efficient operations and quality services. Every year **the mountain** staff works hard to meet expenses with operating income. This means we rely solely on members' support for capital improvements and debt service.

The vision of the founders continues today through our members and donors who share the desire to keep **the mountain** viable and evolving.

They provide the additional financial support, sweat equity, and spiritual capital needed to

continue providing affordable programming for those with limited means. **the mountain** allows people of all backgrounds and orientations to begin to communicate by joining in community with one another—we like to say (in the words of Dr. Tom Chulak): “at **the mountain** the we allows the I to become.”

**Members
matter —
the mountain
needs
your sup-
port**

Everyone who visits **the mountain** experiences why we are here—to be a center for humankind to experience Unitarian Universalism. All who believe in this mission are needed to support **the mountain** if the vision of the past is to continue becoming the reality of the future. We CAN change the world with your contributions of time, interest, and dollars. Please consider membership now and join our community of members already committed to the vision and the passion.

On our Cover: **The 1996 ASCENDERS:** Neal Rainey, Stephanie Rhoades, Michelle Frost (Mentor), Samira Kate Hull, Rebecca Baum, Ben Gerhardstein, Erin McRae, Joy Denham, Andrew Haverstock, Laura Uhde, Noah Palmer-Licht, Chris Gilbert (Mentor)



Meet us on the Internet!
We'd love to hear from YOU
e-mail The Mountain at
mountain@dnet.net



Don't forget to visit our www home page
<http://www.uucamps.org/mountain/mountain>



Highlands Camp & Conference Center, Inc.
PO Box 1299, Highlands, NC 28741-1299

Non Profit Organization
Bulk Rate
U.S. Postage Paid
Highlands, NC
Permit No. 46



Calendar of Programs

AUGUST - OCTOBER 1996

Call or write for details on any *mountain* program.



LEGEND:

MP - *mountain* Adult & Youth Programs
 CC - Conference Center/Retreat Programs
 (Program may be closed - call for details)
 EH - Elderhostel - All registrations must be made through
 EH Headquarters - call (617)426-8056 for information.

AUGUST

- | | | |
|---------|---|-----------------|
| 7/28-4 | MP Leadership School | *\$535 |
| 6 - 11 | MP Multifaith Conference | *\$383 |
| 11 - 16 | EH Adventure for Grandparents and Grandchildren w/hikes, whitewater rafting, campfires, music, whittling & crafts | \$335/
\$295 |
| 14 - 16 | CC Emory Univ. Dept. of Religion | |
| 16 - 18 | MP <i>mountain</i> Board of Trustees' Meeting
CC Abbott District Managers | |
| 18 - 23 | MP Ministerial Leadership School*\$328
EH Flowers & Natural History of the Blue Ridge
Appalachian Pioneers: Whittling & Woodcraft
Healthy Hiking on App'l. Trail | \$315 |
| 22 - 25 | MP Summer African Drum & Dance Weekend | *\$187 |
| 25 - 30 | EH Appalachian Adventure Week
Hiking, Whitewater Rafting, Natural History & Folk Music | \$340 |
| 30- 9/1 | CC African Ritual & Breathwork Retreat | *\$135 |

the mountain

PO Box 1299 ♦ Highlands ♦ NC ♦ 28741-1299
 (704) 526-5838 ♦ (fax) (704) 526-2511

SEPTEMBER

- | | | |
|---------|--|--------|
| 1 - 6 | EH Cold Warriors: A Study of the CIA
Banjos, Ballads and Bad Men
Southern App'l. Plants & Animals | \$315 |
| 6 - 8 | CC GA Wesleyan College
Freshman Orientation | |
| 8 - 13 | EH The Wealth of the Southern Appalachians: Human and natural history, folklore, fieldtrips and a campfire | \$325 |
| 13 - 15 | MP Scaly Mtn. Folk Music Fest
CC Amnesty International
CC Southeast Blomquist Foray | *\$131 |
| 15 - 20 | EH Birds, Flowers & Geology
Astronomy for Everyone
Appalachian Folktales | \$315 |
| 19 - 22 | CC Gay Spirit Visions | |
| 25 - 27 | CC Fall Womenspirit Institute | \$100 |
| 27 - 29 | CC Fall Womenspirit Gathering | \$100 |
| 29-10/4 | EH One Woman's Appalachian Journey
How Do We Know What We Know?
Creating Your Memoirs | \$315 |

OCTOBER

- | | | |
|---------|---|----------------|
| 2 - 6 | CC Gainesville (FL) UU Retreat | |
| 4 - 6 | MP FallFest
MP Senior High Fall Break
CC SAPSE | *\$121
\$55 |
| 6 - 11 | EH Fall Colors, Wildflowers & Fruits
Astronomy for Everyone
Appalachian Folktales | \$315 |
| 11 - 13 | CC Athens (GA) UU Retreat
CC UU Cong. of Atlanta (GA) Men's Retreat
CC Back to Basics | |
| 13 - 18 | EH Appalachian Folk History
Demagogues & Statesmen in Am. Film
Autumn Colors Up Close: Hiking
CC Feminist Bookstore Owners' Convention | \$315 |
| 18 - 20 | MP MAUUI V
CC Jacksonville (FL) UU Retreat | *\$130 |
| 20 - 25 | EH Autumn Flowers Colors & Ferns
Genetic Engineering
Oral History of Appalachian Women | \$315 |
| 25 - 27 | CC Northwest (Atlanta) UU Retreat
CC UU Congregation of Atlanta Retreat | |
| 27-11/1 | EH Fall Fruits & Wildflowers
Ancient Celtic Festivals
T'ai Chi: Philosophy & Practice | \$315 |

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Calendar of Programs

NOVEMBER 1996 - APRIL 1997

Call or write for details on any *mountain* program.

NOVEMBER

1 - 3 MP HarvestFest *\$126
CC UU Asheville (NC) Retreat
CC UUC Charlotte (NC) Retreat
CC Northwest (Atlanta) UU Men's Retreat

3 - 8 EH Southern Eagles: WW I Aviators \$315
Scottish History/Culture Thru Music
Mountain Woodcraft: Whittling

8 - 10 MP *mountain* Board of Trustees' Meeting
CC Kindred Spirits

11 - 14 CC Fall UU Ministers' Conference *\$157

15 - 17 MP Fall Native American Spirituality Weekend *\$123
MP Senior High CON \$55

22 - 24 MP Sacred Drummaking *\$188
Weekend
MP Junior High CON \$55

27-12/1 MP Life Members' Thanksgiving (2, 3, or 4-night) \$94 - 161

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LEGEND:

MP - *mountain* Adult & Youth Programs
CC - Conference Center/Retreat Programs
(Program may be closed - call for details)
EH - Elderhostel - All registrations must be made through EH Headquarters - call (617) 426-8056 for information.

DECEMBER

20 - 22 MP Winter Solstice Celebration *\$108

22 - 26 MP Christmas on *the mountain* (2, 3, or 4-night) *\$103 - 199

26 - 29 MP Kwanzaa (2 or 3-night) *\$118 - 165
MP Senior High Winter Break \$79

30 - 1/2 MP New Years' on *the mountain* 2, 3, or 4-night) *\$103 - 199

JANUARY 1997

16 - 19 MP *mountain* Board/Staff Retreat



Watch for the November 1996 issue of our

Calendar of Programs

which will contain details of future *mountain* events, including the following:

FEB

MP Valentine's Day
CC Atlanta Gay Men's Chorus
CC Atlanta Knitting Guild
MP Choral Singing Weekend
MP Youth CONs

MAR

CC ACESS
CC Northwest UU Women's Retreat
MP Easter on *the mountain*
CC Spring UU Ministers' Conference
CC St. Marks United Methodist Men

APR

CC Gays/Lesbians in Recovery
MP Senior High Spring Break
MP Spring Native American Spirituality Weekend
MP Lesbian Identity Weekend:
Rhythms of Our Lives



Elderhostel programs continue to be a vital part of what we do here at *the mountain*.

These dynamic older citizens bring an exuberance for life and learning which challenges us all! Programs are scheduled almost weekly from March until November. Some of the topics include Southern Appalachian culture (including the Scottish influence), natural history, astronomy, the Appalachian Trail, Tai Chi, and more. Registrations for Elderhostel must be made through EH Headquarters in Boston - Call (617) 426-8056 for details (or visit your public library for an Elderhostel catalog).