



## Director's Corner

by Dr. Gary Blaine



Two inexperienced hunters went into the woods after game. The game warden recognized them as novices and warned them that they might get lost. He said, "If you do get lost, the signal for distress is to fire three shots in rapid succession."

In due course, they did get lost. One of them said to the other, "You had better fire three shots." So he fired three shots. Nothing happened. After waiting for about an hour or two, the first hunter said, "You had better fire another three shots." So the second hunter fired a second round of three shots. They waited another hour or so, and still nothing happened. Again, the first hunter turned to the second and said, in great distress, "I guess you had better fire three more shots." His friend said, "I can't, I've run out of arrows."

I hope you will hear this call for help as we bring to conclusion fiscal 1988. As many of you know, our Director of Development, Dean Zuch, has been working since April to correct all of our membership records. Dean reports that there are 163 actively paying Life Members representing a commitment to The Mountain of \$58,360. This is enough money to pay the combined principle payments to Veatch and Pinecrest in 1989. Of these active files 45 pledgers have given nothing since 1986.

This major plummet of pledge contributions occurred during a time of crisis and transition at The Mountain. I recognize that fact and accept it as such.

But there is another fact to consider. Nearly three years have elapsed since that crisis and transition. The Mountain continues to grow as a viable institution. We have made major improvements to the facilities. More will be made this year as we remodel cabin three, refinish the floor in the dining hall and put the ceiling in, convert the maintenance shop into a store, and convert the old store into a playroom for children. Program offerings for U.S. are expanding. In 1989 programs will include such highlights as "Dream Work" with Jeremy Taylor, the return of the Elder's Circle in March, an advanced leadership conference in August, and peace conference in October. Attendance for the past two years has been on the rise. Our staff is increasingly more professional with a permanent Food Service Director, Marketing Director, Director of Development, and a Program Director.

Yes, there will be more changes, and there will probably be some pain. But the pain will come mostly from growing. As a non-profit organization we will continue to rely on your support.

Now is the time for all of us to renew our commitment to The Mountain.

Love and Peace,

*Gary*

P.S. Your Mountain contributions are tax deductible!



## Prepare for the Holidays the Old-Fashioned Way

Wouldn't it be nice to experience all the joys of old-fashioned holiday preparation, but to have someone else do the up-front work and the clean-up? Come on up to The Mountain - with family or by yourself - and share in the fun.

The weekend of December 9-11 we'll be all set up for Christmas crafts, wreaths and gift making, creating your own Richard Arends ornate gingerbread houses and Jeannie Inglehart's Christmas goodies. There will be lots of Christmas music, great smells from the kitchen, outdoor exercise and cheerful attitudes. You can take the things you make home with you - or you may even want to stay on for the holidays!



## Spend Your Holidays With Mountain Friends

When was the last time you experienced an old-fashioned, stress-free Christmas holiday? We have one every year at The Mountain, and we invite you to join us.

Families, singles, young and old will be here to enjoy each other, the mountains and a relaxed season filled with exercise, song, great food and holiday spirit.

Festivities will begin on Friday the 23rd (come earlier if you can) with the selection of a giant tree or two, dinner and caroling practice around the fire.

Saturday we'll focus on tree trimming, hiking, caroling and gift-giving at the local hospital and a special Christmas Eve service. Wake up Christmas morning to a stolen and coffee breakfast in the lodge, with little gifts from The Mountain staff. If we're lucky, families with children may share the joy of Christmas morning with other guests.

The kitchen staff will prepare a champagne brunch and sumptuous Christmas dinner with lots of trimmings. The following week will be filled with outdoor activities - hiking, skiing if there's snow, singing, storytelling and games around the fire.

Come spend Christmas with us. Drop in for a short visit, or stay for the whole season, but be prepared to relax and enjoy a laid-back holiday in the mountains!



## ...and a friendly, safe New Year's celebration.

Warmth, joy, sharing and peace are the focus of The Mountain's New Year's celebration. A quiet worship service centering on a positive future; an intergenerational New Year's Eve party; a New Year's Day brunch, hiking or maybe skiing, football, beer and popcorn in the lodge, games, bridge, storytelling and more. It will be a safe Mountain New Year's celebration - please join us!



## January Weekends... Come On Up and Learn to Ski!

If you're a beginner, we'll help you learn. If you're an intermediate skier, we'll offer good company and a chance to practice.

No matter what, The Mountain's ski weekends are filled with exhilaration, rosy cheeks, hearty meals, transportation to and from the nearby ski resorts and a cozy place to stay. You can wear yourself out on the slopes and we'll take care of you from there.

We'll be skiing at Ski Scaly Mountain and Sky Valley where you can rent all the equipment you need, or bring your own. Here's the schedule:

January 6-8 - Open Ski Weekend (a gourmet class on breadbaking is being offered for non-skiers.)

January 13-15 - Family Ski Weekend

January 20-22 - Singles Ski Weekend

January 27-29 - Senior High Students

Work/Ski Weekend (See your youth advisor for detailed information.)

February 3-5 - Junior High Students Ski Weekend (See your youth advisor for detailed information.)

## Rich, Sweet and Fattening Chocolate Lover's Workshop February 10 - 12

Decadent, delightful and delicious. Goopy, mouthwatering temptations. Learn all about the most controversial food substance known to personkind. You'll see a slide show that shows gradual evolution of cacao products. You'll become intimately acquainted with the taste of your favorite chocolates.

Workshop is led by Jon Hoskin, assistant professor in the Dairy Science Department of Clemson University. Jon has published scientific articles on chocolate flavor chemistry, and lives, eats and breathes chocolate!

## Cupid Strikes! Mountain Sweetheart Weekend February 10 - 12

Candlelight dinners. A private room in a cozy cabin without a phone. Romantic music, fireside chats and poetry reading. Hikes or gentle strolls to exquisitely beautiful mountain environs such as Sunset Rock, Inspiration Point, Lover's Leap or Bridle Veil Falls. Slow dances to Frank Sinatra and Johnny Mathis records.

We invite couples to get away from the stress and strain of everyday life and come to The Mountain for renewal and a weekend of pure fun. If you're chocolate lovers, you can take part in the Chocolate Lover's Workshop on Saturday. We'll make every effort to give you privacy and a romantic atmosphere. Limited to 20 couples, so get your reservation in early! Wouldn't this be a great Christmas present to each other?



**Prima Senori y Prima Senore  
Bien Venuti  
Ci aguriana que la  
Chena sia devosto gradimento.  
Siete tutte invitata**

You are invited to attend The Mountain's first Italian Gourmet Dinner and Film Festival the weekend of February 17-19. The dinner, planned by the magnificent duo Richard Arends and Jeannie Inglehart, will include woven onion bread, antipasto, homemade pasta and sauces (see article on pasta-making workshop), zuppa, and for dessert, freshly made mandelbrod (almond cookies).

You'll be served at candlelit tables by waiters in costume; special Italian music and plenty of garlic aroma will set the stage. Truly, it will be a weekend to remember!

And the films! *Mama Mia!* Maggie Anderson of The Production Shop, and her husband, Tom Anderson of Corporate Audio/Video in Atlanta, will be the film workshop leaders. They have chosen three Italian directors on which to focus. Federico Fellini's "La Dolce Vita," Vittorio de Sica's "The Bicycle Thief," and a film to be announced by Bernardo Bertolucci.

Tom, who has a M.S. in film and who has done extensive study on film history, will discuss each director's techniques, how they influenced the development of film, why these particular films are special and unique, and their place in Italian cinema.

The weekend begins with social hour and dinner on Friday evening, with the first film showing at 8 p.m. The festival continues on Saturday afternoon with the showing of the second film and discussion. The third film will follow the Italian dinner on Saturday evening.

Program fee for the Film Festival and Italian dinner is \$20. Get your reservations in early for this flavorful event!

**Gloria Wright and Alexis  
Jones  
To Lead Intimacy Workshop  
March 3 - 5**

Feeling empty and untrusting as a result of former relationships? Does intimacy continue to be elusive in your life?

"Genuine Intimacy" is a weekend workshop for people of all ages, single or in couples, who wish to improve their ability to trust and be intimate in a relationship.

Gloria Wright, M.Ed., Ed.S. has ten years experience as a psychological counselor and management consultant. She will focus on integrating our intellect, our souls and our hearts so we can create deeper, more sincere, loving relationships.

To balance the intensity of Gloria's program, Alexis Jones, long-time friend of The Mountain and SUUSI, will lead gentle relaxation and movement that will provide centering and energy renewal.



**Bridge Players...  
Don't Search for a Fourth**

150 Honors  
Seven No Trump  
700 Rubber  
Grand Slam  
Successful Finesse

Have it all, but don't trump your partner's ace when you join other bridge fanatics at The Mountain's bridge weekends. You can play from Friday evenings through Sunday lunch if you can take it. Or, take time out for a hike if you can't. Call us to get your name on the list of players. Here are the scheduled bridge weekends:

January 13-15  
February 10-12

If there is sufficient interest from bridge players, we will add other weekends.

**Development Corner**



by Dean Zuch

The following story is about the Future and has a message for all of us who love The Mountain. There are several versions. Gregory Bateson, the late great English anthropologist, told the tale in this lively fashion:

"New College, Oxford, is of rather late foundation, hence the name. It was probably founded around the late 16th century. It has, like other colleges, a great dining hall with huge oak beams, heavily carved, across the ceiling. These must be eighteen inches square and more than twenty feet long.

Magnificent things they are!  
Some five to ten years ago, so I am told, there was a maintenance survey done on the college buildings. An entomologist went up into the roof and poked around at the great beams and found they were full of beetles. This infestation of carpenter beetles had brought the beams to the point of serious weakness.

The news was carried to the College Council, who discussed the problem with dismay. Where could they possibly get beams of that calibre in the 20th century?

Well, one of the Junior Fellows stuck his neck out and suggested that there might be on college land some oak, for these colleges were endowed with pieces of land scattered around the countryside.

So they called the College Forester from his work in the country and asked him about the oak. He pulled off his cap and scratched his head and said, "Well, sirs, we were wondering when you'd be asking."

Upon further inquiry it was discovered that when the college was founded, a grove of oaks had been planted to replace the beams in the great halls of the college when they became beetle, because oak beams always get beetle in the end.

This contingency plan has been passed on from Chief Forester to Chief Forester, generation to generation, for over four hundred years.

The word was, "You don't touch them oaks - them's for the college halls."

Bateson commented: "That's the way to run a culture. That's the way we must approach the Future."

Let me hasten to assure you that I am not proposing using our four hundred year old oaks to build the rafters of buildings at The Mountain. I am suggesting that there are many ways for you to plant acorns now that will help The Mountain in the future: charitable remainder trusts, pooled income funds, a codicil in your will, giving real estate, giving securities, giving life insurance.

Planning for your future and The Mountain's makes sense. If you are interested in planting an acorn, write or call and tell me of your interest.

Peace and Joy!

**I'd like to help The Mountain by becoming a member.**

- Patron Member \$5000 or more
- Life Member \$2000 over five years  
\$1600 over one year
- \$200 Sustaining Member
- \$150 Contributing Member
- \$125 Supporting Member
- \$80 Dual Members
- \$40 Individual Member

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Your gift to The Mountain is tax deductible to the extent the law allows.



## Indian Elders Gather at The Mountain March 17-19

Leaders from Indian tribes across the Country will gather at The Mountain to discuss environmental issues and political and social concerns.

"This is the second visit by the Elders Circle of the American Indian Council," says Dr. Gary Blaine, who has been instrumental in inviting the group to experience The Mountain and its people. "Those who attend the program last year were spellbound, and nearly

everyone asked for a repeat of the weekend. It was one of our most popular programs."

The program will begin with Friday dinner and continue through Sunday lunch. It is an intense experience and recommended for older youth and adults. Reservations for the weekend will be accepted on a first-come, first-served basis. Call us for more information at (704) 526-5838. Or send in your deposit of \$35 per adult to reserve your space.



## Some Like It Cold...

What's it like in the winter at 4200 feet? What goes on at The Mountain when the cold sets in?

Picture it: Clean, crisp air. Bright sunshine on gnarled oak branches. Clear starry nights. Cheery fires and lodge lounging. Quiet walks over leaf or snow covered trails. No phones ringing, dogs barking or airplanes overhead. Steaming bowls of homemade soup with fresh bread and cheese. Time to read, think or discuss important things. Some say it's the best time to be here as long as you're prepared.

The cabins and lodge are cozy - plenty of insulation, and even wind-protected windows; the road is plowed the minute the snow flies; fireplaces are kept burning; the chefs have plenty of time to be creative. There's privacy if you want it, or you can always find a companion to walk to talk with if you wish.

Late December through early March is the season for neaby ski slopes. We'll even take you there by shuttle. Our weekend programming is designed for winter fun and we're very, very flexible.

It's a lovely experience, The Mountain in winter. Won't you join us? Bring your hat and mitts, a great book, an electric blanket if you're really cold natured, and let a peaceful calm come over you.

## Mountain Work Weekends... Free Room for Your Muscle!

Free lodging at The Mountain in exchange for a half-day of labor. We'd love to have your help on several projects, including leaf raking, cutting up dead trees for firewood, general winterizing of buildings and cleanup around local overlook and waterfall areas. We'll exchange a half-day's work for two nights of lodging; food costs remain the same. Come by yourself or get a group together to enjoy the fun of helping The Mountain. Scheduled work weekends are January 6-8 and February 17-19.

## Louis Bregger Heads for North and Midwest

If you would like Louis Bregger, Program Director for The Mountain, to visit your congregation or fellowship, please give him a call soon. He will be in the greater Chicago and Wisconsin area in late February and will be in Pennsylvania, Maryland, Delaware and the D.C. area in March. Louis will give a Sunday service, adult forum, youth program or potluck performance about The Mountain. Call (704) 526-5838 to find an appropriate date.

## Dream Work...

As a wonderful adjunct, you will work with Susan Cope in learning how to create a dream journal. Susan is an award winning creative person with her own advertising agency, and has conducted journaling workshops for many years.

The Dream Work and Journaling Workshop will begin the evening of Sunday, March 5 and continue through Friday, March 10 at lunchtime. Total cost for the program is \$265 for members; \$285 for non-members.



Jeremy Taylor will spend a week at The Mountain with people interested in analyzing their dreams and learning to set up a Dream Work group.

## How to Form a Dream Work Group With Jeremy Taylor March 10 - 12

Dream Work has been spreading throughout the country. Many groups have formed as a result of Jeremy Taylor's work at SUUSI last summer. If you would like to strengthen your existing group, learn how to start a group, or are just curious about the process of dream analysis, this weekend workshop will give you the tools you need to have success in dream work. You'll receive materials that will give you structure and framework for a new dream work group. Cost for the weekend, Friday dinner through Sunday lunch, is \$120 for members; \$128 for non-members.

Special discounts are given to those who wish to stay for both the week and weekend programs. Member cost for both programs is \$365; non-member cost is \$393.



# MountainCamp

## The Early Bird Ensures a Space!

Summer MountainCamp isn't that far away. Planning has begun for the best year ever and you'll receive your 1999 Programming Newsletter in late January that will give you details about each camp and all our family and adult programs.

However, if you want to look in your space early, here are the dates for our MountainCamps. Just send in \$150 with the attached coupon and we'll reserve your space. (This amount will be applied to your final bill.) If you'd like to apply to be a counselor or summer staffer, check the appropriate box and we'll send you an application form. See you soon!

- June 11 - 17 Counselor training  
 June 11 - 17 MountainCamp for New Campers, 1st-3rd grades (a one week experience)  
 June 18 - July 1 MountainCamp, 10th-12th grades  
 July 2 - 15 MountainCamp, 7th-9th grades  
 July 16 - 29 Build an Adventure camp Grades 8-12  
 July 30 - August 12 MountainCamp, 4th-6th grades  
 July 30 - August 12 MountainCamp, 1st-3rd grades (a two week experience)

- I'm coming to MountainCamp. Please reserve my space. My deposit of \$150 is enclosed.  
 I'm interested in being a counselor at MountainCamp  
 I'm interested in a summer staff position.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 \_\_\_\_\_ Check \_\_\_\_\_ MasterCard \_\_\_\_\_ Visa \_\_\_\_\_  
 Card No. \_\_\_\_\_  
 Expiration Date \_\_\_\_\_

### REGISTRATION FORM

Program if applicable: \_\_\_\_\_  
 Name \_\_\_\_\_ Youth \_\_\_\_\_ age \_\_\_\_\_ sex \_\_\_\_\_  
 Address \_\_\_\_\_ age \_\_\_\_\_ sex \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ age \_\_\_\_\_ sex \_\_\_\_\_  
 Phone \_\_\_\_\_ age \_\_\_\_\_ sex \_\_\_\_\_

Date arriving \_\_\_\_\_ First meal (B-L-D)  
 Date departing \_\_\_\_\_ Last meal (B-L-D)

Rooming request: (please circle your choice)  
 Private Room (single or double) members: \$18/person/night non-members: \$22/person/night  
 Shared Room (double or dorm) members: \$16/person/night non-members: \$20/person/night

Teenagers 13-17 pay 50% of above rates, children 4-12 pay 25% of above rates, children 0-3 stay free!

Please send the following deposit with your registration:  
 \$150/camp on weekend or drop-in visits  
 \$100/camp on weekday visits

Dietary preference \_\_\_\_\_  
 Special dietary needs: vegetarian? \_\_\_\_\_ chicken/other? \_\_\_\_\_ dairy? \_\_\_\_\_  
 Other needs (include physical or medical): \_\_\_\_\_

Food cost:  
 \$10 for age 13 and older  
 \$12.50 age 9-12  
 \$5.00 age 4-7  
 Free age 3 and under

Method of Payment: \_\_\_\_\_ check \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard \_\_\_\_\_  
 Amount: \_\_\_\_\_  
 Credit Card No. \_\_\_\_\_  
 Expiration date (month and year): \_\_\_\_\_  
 Signature: \_\_\_\_\_

Your total bill will be based on room, board, a program fee and a small national camp and conference center fee.

Are you a Life Member of The Mountain? \_\_\_\_\_

## Mountain Calendar At-A-Glance

### December

22 - January 2  
 Holiday Celebration

### January

6-8  
 Ski Weekend for All Ages  
 Work Weekend  
 13-15  
 Family Ski Weekend  
 Bridge Playing  
 Breadmaking Workshop  
 20-22  
 Singles Ski Weekend  
 Board of Trustees Meeting  
 27-29  
 Senior High Work/Ski Weekend

### February

3-5  
 Junior High Ski Weekend  
 10-12  
 Sweethearts Weekend  
 Chocolate Lovers Workshop  
 Bridge Playing  
 17-19  
 Italian Dinner and Film Fest  
 Pasta-making Workshop  
 Work Weekend  
 24-26  
 Mountain Annual Meeting and Banquet

### March

3-5  
 Intimacy Workshop  
 Astronomy Workshop  
 5-10  
 Dream Work with Jeremy Taylor  
 Dream Journaling with Susan Cope  
 10-12  
 More Dream Work and  
 How to Form a Dream Work Group  
 with Jeremy Taylor  
 17-19  
 Elder Circle of the  
 American Indian Council  
 24-26  
 Dance, Dance, Dance Some More  
 March 31-April 2  
 Writers' Forum

### April

7-9  
 Surf and Turf Festival  
 14-16  
 Fitness Weekend  
 Marbelling and Silversmithing  
 21-23  
 Mountain Rep Weekend  
 28-30  
 Couples Enrichment Weekend

### Who do you contact at The Mountain?

Executive Director - Gary Blaine  
 Development - Dean Zuch  
 Reservations - Karla Blaine  
 Food Service - Richard Arends  
 Elderhostel - Virginia Talbot  
 Newsletter/P.R. - Carol Graves  
 MountainCamp - Pam Phelps  
 Programming - Louis Bregger  
 Board of Trustees - Walt Pirie, President

Special credit to Matt Graves for all newsletter illustrations.

## Meet the Mountain Staff



Welcome to Virginia Talbot, who has joined the staff as Eiderhostel Coordinator. Virginia came to us from Tacoma, WA, where she was director of an outdoor education program for the public schools.

In her "other life," Virginia was a public television writer/producer/director for 18 years. She has a degree in television journalism, an MFA in drama and a degree in education.

Virginia (better known as Jinsy to the children) supervised the child care program the Mountain during the summer of 1987. She believes that her two most useful gifts to The Mountain are her love, respect and regard for nature and people of all ages, and her strong organizational skills. She is a avid hiker.

Virginia is married to Dean Zuch, Director of Development for The Mountain. They are building and soon will move into a log home in the Scaly Mountain community of Rocky Knob.



Jeannie Inglehart, new head cook in The Mountain's kitchen, won the hearts of staff and guests immediately with her homemade bread and other delicacies.

Jeannie has lived in Michigan, Florida and six years in Denmark. She attended a chef's school in Minnesota, and worked as chef in a restaurant and at Camp Unistar for two summers.

Jeannie is a fifth generation Unitarian Universalist. Her great great grandfather was Seth Jones, a Baptist Universalist minister in about 1810. She has an active interest in reflexology, women's issues and The Mountain staff volleyball team and loves to sail. Her goal is to provide a comfortable kitchen and good wholesome food, which, it seems, she has already accomplished!



Kathy Drake is The Mountain's new housekeeper, and she's taking the place by storm. "My goal is to get this place cleaned up," she says, and already guests can see the difference she has made.

Kathy comes to The Mountain from Clearwater, FL. She is familiar with this region, however, from her attendance at

Tallulah Falls School and Knoxville Business College. She has a keen interest in bird watching, skeet shooting and horseback riding.

Kathy intends to initiate a "linens and bedspread" policy soon, so that cabins will have a homier atmosphere and guests will feel more welcome.



Don Drake, affectionately known as "Duck" and also Kathy's husband, is new on the maintenance staff. He is a native of the Adirondack Mountains in upstate New York and has lived in Clearwater, FL since 1971.

Don has outstanding skills in plumbing, electronics and carpentry. He enjoys anything outdoors, and, according to Kathy, is a talented oil painter as well. Don can see that he will be kept very busy with all the maintenance projects and repairs at The Mountain.



Sean Korb is a new staff member working in both kitchen and maintenance departments. "I've been a UU all my life," he says, "and I even converted my mom to Unitarian Universalism. She's now a UU minister in New Orleans!"

Sean has a great interest in anything that's mechanical, gets around on a motorcycle and likes to draw and write poetry. He is having fun at The Mountain learning about people. "I'll stay here as long as I continue to find it interesting or until I find myself," he explains.

**A Last Minute Note:** Jake Wimett has just joined the kitchen staff! Jake arrived from Richmond, his home, after spending three months touring the East Coast with his guitar and backpack. He has three years of restaurant experience, and decided to apply for the kitchen position after hearing positive recommendations about The Mountain from many of his UU friends.

"I intend to spend time enjoying nature here instead of concrete where I came from," he said. "It's absolutely beautiful here and the people are warm and personable." Jake is suffering from a distinct lack of warm clothing since his backpack was misplaced in transit, but staff members are coming to the rescue.

## A Farewell and Thanks To the Heaths

Anne and Ed Heath have moved back to Atlanta after 3 1/2 years of dedicated employment at The Mountain. Ed, who served most recently as director of facilities and business administration, has been involved with The Mountain since its inception as a UU camp and conference center.

Anne was director of the Eiderhostel program, staff photographer and worked with summer family programming. Their contributions to The Mountain's development were numerous. Thank you, Anne and Ed, for your dedication and service. We wish you well and hope to see you back the The Mountain soon.

## Gourmet Cooking Classes Taught by Jeannie In The Mountain Kitchen!

What a great way to spend a winter weekend - learning to make bread or pasta! You can enjoy the cozy warmth and cheer of the dining hall on a cold winter day while you learn a new skill. Jeannie Inglehart, head cook at The Mountain, will offer gourmet cooking classes this winter.

The first one is on January 14 - breadbaking. She will show you how to make her famous braided, stuffed onion bread.

The second class will be held on February 18 - pasta making. You'll learn the fine art of making pasta, and then you can stay and enjoy the Italian dinner and film.



## Mountain Membership Can Save You Money

Mountain memberships are a crucial factor in offsetting The Mountain's indebtedness and capital expansion. Without the generous gifts of members The Mountain would not be able to pay back its original purchase, renovate existing facilities, or build for the future.

It has long been felt that the paying off of debt and expansion of The Mountain should not rest on the shoulders of members alone. These legitimate expenses should be shared by all persons who use The Mountain.

At its September meeting, The Mountain's Board of Trustees voted to implement a user's fee. This fee will be charged to the room rates of persons who are not members of The Mountain. Future pricing at The Mountain will reflect a member's price and a non-member price. The non-member fee from January 1 through June 30 will be \$4.00 per night per adult. After July 1 the fee will be \$6.00. The charging of member and non-member prices is a very common practice found in such organizations as the Y.M.C.A., the Audubon Society, and the Alban Institute.

In nearly all cases it will be less expensive for individuals and families to become members of The Mountain. The individual annual membership is \$40.00 and dual annual membership is \$80.00. Memberships are effective for one year. Memberships also have the advantage of being tax deductible.

## If You're 60 or Over Elderhostel May Be For You

For the past seven years, The Mountain has been one of the most popular sites in the country for Elderhostel programs.

Elderhostel consists of a network of more than 1000 universities and other educational institutions which offer low cost, short term residential academic programs for older citizens. The movement was inspired by the youth hostels and folk school of Europe, and is based on the belief that retirement does not mean withdrawal from the world, and that the later years should be a time to enjoy new challenges.

Elderhostel is open to persons 60 years of age or older who may bring a younger spouse or friend along. The Mountain urges all eligible UUs to take advantage of this exciting program.

The courses offered this spring at The Mountain begin in mid-March and continue to mid-June. They include courses on topics such as Appalachian folk history and music, social approaches to morality, wildflowers and wild edibles of NC, and more. To register or receive a complete catalog of Elderhostel programs, national and international, you must contact the Elderhostel office in Boston. The Mountain cannot accept your registration directly. Contact Elderhostel, 80 Boylston Street, Boston, MA 02116 or (617) 426-4466.

### Spring 1989 Elderhostel Courses at The Mountain

#### March 12-18

1. Appalachian Folk History
2. Forthright Communications Skills
3. Women's Experience in America

#### March 19-24

1. Appalachian Folk Songs and Ballads
2. International Folk Dancing
3. Quakers: A History of Rebels and Reformers

#### April 2-7

1. Appalachian Highlanders: A Folklorist Looks at History
2. Southerners and Northerners: How Different Are We?
3. Prejudice and Patriotism as Social Processes

#### April 9-14

1. Folklore, History, and Music of the Appalachian Highlands
2. Food and Fitness: Fact Not Fad
3. Human Society: Social Approaches to Morality

#### April 16-21

1. Southern Highlanders: A Folk History
2. The Newspaper in a Changing Society
3. The Ethnic Experience in America

#### April 23-28

1. Wild Flowers and Wild Edibles of Western North Carolina
2. Creative Dramatics: Acting and Movement for Non-Actors
3. The Parables of Jesus: From Scholarship to Personal Experience

#### April 30-May 5

1. Springtime in the Nantahala Mountains
2. Journal Writing: The New Type of Diary
3. The Social Impact of Modern Biology

#### May 7-12

1. The Blue Ridge in May: Natural History, Birding, & Wildflowers
2. Appalachia: Contemporary Poetry and Culture
3. English Grammar and Usage: A Different View

#### May 14-19

1. Mountaintops and Valleys: A NC Natural History Course
2. Astronomy: Roaming Through the Skies
3. Creative Problem Solving

#### May 21-26

1. Geology in Action-Moving Plates and Climate Changes
2. Ancient Civilizations: Tales From the Beginning
3. Composers and Poets: Poems Worthy of Note

#### May 29-June 3

1. Meteorology Everyone Can Understand
2. Geology: Reading Rocks and Measuring Time
3. Creative Writing Workshop

#### June 4-9

1. Appalachian Natural History Field Study
2. Exploring Inner Soace
3. The American Short Story

### We're Looking for New Elderhostel Instructors

The Mountain is looking for instructors who can provide academic and activity-related instruction to our Elderhostel guests. If you can develop and teach a course pertaining to the natural environment and culture of the Southern Appalachian area - the geology, archaeology, plants and animals, history, people, music, crafts, dancing or literature - please let us hear from you. Or, if you have a subject that you feel may be interesting to this group, we'd like to hear about it.

Many instructors donate their services to Elderhostel, receiving room and board at The Mountain for a week; others are paid a small fee if requested. Please contact Virginia Talbot, Elderhostel Coordinator, at The Mountain if you are interested in developing and teaching a course.

### NEWS FLASH! SUUSI Board Votes For Generous Gift to The Mountain

Word just arrived that the SUUSI Board of Directors voted to donate \$6000 to The Mountain. The staff appreciates the gift, and careful consideration will be given as to its use.



The Mountain's dining hall and lounge have a new look! Thanks to a donation from a Mountain friend from Florida (who wishes to remain unnamed) we have new curtains in the lounge and spanking white vinyl tablecloths in the dining hall. Farewell to red checks forever! Thanks so much, wonderful friend. We appreciate your help.



Juanita Polk of Brevard, N.C. is the chairperson for The Mountain's 10th Anniversary Celebration.

### A Message from Juanita About The Mountain's 10th Anniversary Celebration

Excitement is riding high as plans begin to develop for our 10th Anniversary Celebration - 1989! The celebration will involve several weekends during fall and winter, beginning with **Labor Day Weekend, September 1-4, 1989**, our big kickoff date. We will all have an opportunity to honor those people who had the vision and the desire to make The Mountain a reality; and to share the excitement of looking at the plans for The Mountain's next ten years.

Later in September our elder members and Elderhostel will have an opportunity to recognize the contributions of our Elderhostel program and to "look into the future" for elders at The Mountain.

**Halloween Weekend** will be set aside for our "ghostly" Ascenders and the "goblin" Mountain employees from 1979-1989, who, together with the camp Spirits will roam The Mountain. All these Halloween creatures will give special recognition to the Ascenders and Mountain employees and will join them in some very special activities.

Most of you remember the "Share the Dream" that has rung out throughout the country in past years. Several hundred of you men, women and young people have responded with Life Memberships, Patron and Cordial memberships, making it possible for the dream to continue to be realized. Many members gave far beyond our expectations. On our **10th Anniversary Thanksgiving Celebration** we will thank and honor all of you.

And finally, in a joyful **Mountain Holiday Celebration**, December 22, 1989 - January 2, 1990, a very special centering time will bring our Mountain family together to share in ceremonies of peace and love. It will be a time to celebrate the spirit of caring that we all strive to create and find on The Mountain.

A number of people have asked to help in the planning and activities. We are in contact with them and as final plans develop, we will be sharing our information with all of you - our plans for the 10th Anniversary Celebration, 1989!

*Juanita*

Juanita Polk  
Chairperson, 10th Anniversary Celebration

# MOUNTAIN EXPLORER TOURS... TRAVEL WITH FRIENDS FROM THE MOUNTAIN!

In the last newsletter we introduced a new venture - Mountain Explorer Tours. These tours allow you to enjoy the company of Unitarian Universalists and other inquisitive friends of The Mountain while expanding your horizons.

The response has been astounding. We will continue to add trips and refine our program to find and sponsor interesting and adventuresome trips that will provide you with a variety of experiences. If you would like information about our Mountain Explorer Tours described below, please send us the coupon, or call us at (704) 526-4505 for more information.



## A Bahamian Sailing Experience July 1 - 8

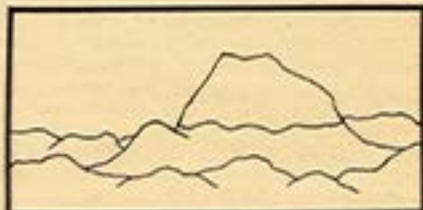
Visit Eleuthera and other Bahamian Islands with Mountain friends aboard a 65' catch. Mountain staffer, Carol Graves, will lead this relaxing, informal trip. You'll enjoy gentle breezes, explore uninhabited islands, relax on the pink coral sand of Dolphin beach, shop in Harbor Island, Eleuthera, "Home of the Friendly People," snorkel on exquisite coral reefs, enjoy fine meals while watching the Bahamian sunsets, sleep on deck under the Caribbean stars or in a shared cabin below deck.

Trip departs from Nassau on July 1 and returns to Nassau on July 8. Limit is 14 adult crew members. Captains Gene Baird and Thea Buschell and galley steward will also be on board. No previous sailing experience is required, but a positive, helpful attitude is necessary. The friends you make on this trip will be yours forever!



## July 1-15 Teton Adventure for Youth

A Western adventure trip with UU youth - a great graduation present or exciting follow-up to Senior High Camp. This trip will be for youth age 15 and above. It will include backpacking, rafting, camping, rock climbing and visiting the more interesting places in the great American West. Included in the tour will be Jackson Hole, Snake River rafting, Wind River Range Hiking, Salt Lake City, Bryce Canyon, Zion National Park, Grand Canyon, Painted Desert, Petrified Forest, Yellowstone and more. After a brief team-building session, trip participants will fly to Jackson Hole where the trip begins. Return will be by deluxe motorcoach.



## Explore The Pacific Northwest in June

Spectacular views of the Cascade and Olympic Mountains. Sparkling waters of Puget Sound. Lush beauty of the natural vegetation in the Pacific Northwest.

All these await you as you travel by coach, making the loop of the Olympic peninsula. You'll see the Pacific Ocean as it crashes against the rocky shore of Washington State. You'll investigate the secrets of the tidal pools, walk among the towering Douglas Fir in the Rain Forest of the Hoh River. View the glorious wild flowers high above Port Angeles on Hurricane Ridge as you marvel at the sweep of the Olympic Mountains before you.

A ferry trip will take you to the Victoria, British Columbia, Canada. In addition to many wonderful shops, this quaint Olde England city also is home to the fine Provincial Museum, the Houses of the B.C. Parliament and the wonderful Burchart Gardens.

Returning to the U.S., you will enjoy touring restored Victorian mansions in Port Townsend. You'll see the sights of the modern city of Seattle, including the University of Washington Arboretum, the Seattle Center and an authentic salmon dinner complete with Native American dances. A trip to Mount Rainier National Park may be included.



## Follow-the-Blooms From the Smokies to the Shenandoah Valley 10 day tour in April/May

Travel with delightful people from the Great Smoky Mountains National park to the Shenandoah Valley on America's most scenic drive, the Blue Ridge Parkway. Enjoy the spring blooms in this "sanctuary of high places". Get in touch with the mountain culture and history of the fabulous Blue Ridge Mountains. Highlights along the way will include: Great Smoky Mountains National Park, Cherokee, Asheville's Biltmore House, Folk Art Center, Linville, NC, Blowing Rock NC, Boone NC, Roanoke VA, Natural Bridge VA, Monticello, Shenandoah National Park, Skyline Drive and more!



## Country Inn Nova Scotia/New England 14 day tour in late September

Fly to Hartford, CT and meet a deluxe motorcoach for an adventure with energetic, inquisitive friends. Stay in picturesque country inns along the way. Enjoy the exquisite fall color of the New England countryside, and visit some of the nation's most fascinating historical sights. Highlights include: Mystic Seaport, Newport, RI, Boston, USS Constitution, Paul Revere House, Burlington VT, Lake Champlain, New Hampshire, Mt. Washington, Kennebunkport Maine, Nova Scotia, Halifax, New Glasgow, Peggy's Cove, Cape Breton Highlands National Park, Cabot Trail and more. Return flight from Hartford on departure day.

**Yes! I'm interested in Mountain Explorer Tours. Please send me information about the following tours:**

- Bahamas Sailing Trip  
 Teton Adventure  
 Pacific Northwest  
 Follow the Blooms  
 Nova Scotia/New England

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_