

# the mountain

## HIGHLANDS CAMP AND CONFERENCE CENTER

Star Route — Box 40-A

Highlands, NC 28741

704/526-5838

Volume III, No. 3

Wendie Highsmith, *Editor*

May/June, 1982



### THE 1982 WORLD'S FAIR

MAY-OCTOBER, 1982  
KNOXVILLE, TN.

#### World's Fair Bus Trips Announced

In just a few days, the World's Fair opens in Knoxville, Tennessee, May 1 and runs through October 31, 1982. With accommodations in the Knoxville area going at premium prices, UUs are encouraged to investigate the Knoxville church's Bed and Breakfast program and/or stay at THE MOUNTAIN and take a bus trip to the Fair. Trips will be available from Highlands NC daily, leaving in the morning and returning late that same evening. The adult cost is \$35 round trip which includes transportation AND admission to the Fair. Contact THE MOUNTAIN for further information.

#### RE Workshop Costs Clarified

Because the 2nd Annual Religious Education Conference only runs for five days . . . Sunday, June 27 — Friday breakfast, July 2, there has been some confusion about the costs for children accompanying their parents to the conference. The costs listed in the Summer Brochure for adults are correct — either \$158 or \$183 depending on living accommodations, but youth costs will be less than those listed.

The correct youth costs are:

ages 13-17	\$125 or \$137
ages 8-12	\$80
ages 4-7	\$62
ages 0-3	\$33

#### Finances on Target

We're pleased to report that at the halfway point of our Fiscal Year, operating revenues and expenses are keeping pace with our budget projections. Pledge payments are also coming in on schedule. We encourage members to keep their payments coming. Mail them to Highlands Camp and Conference Center, P.O. Box 10021, Atlanta, GA 30319.

AND if you have not taken out a 1982 Annual Membership yet, please send a minimum of \$35 to the above address. This tax deductible contribution will support THE MOUNTAIN and provide you with the benefits of membership.

#### Directors' Corner

Mo  
LARRY

This has been an exciting winter and spring for us. Our summer programs have been well received as evidenced by the number of early registrations. Our staff has been selected and we're enthused about both their qualifications and the plans they've already made for the summer.

We've visited with many UUs throughout the Southeast at District Meetings or in their churches and fellowships. Knowledge of and interest in THE MOUNTAIN is clearly growing!

We have been sharing our personal reasons for caring about THE MOUNTAIN and have found many UUs who identify with the need for a "home" for our intergenerational community of UUs in the Southeast. The coming together of UUs from nearby and far away in a setting which encourages relaxed sharing of ideas and feelings is indeed a worthy purpose.

Work weekends this spring have again reinforced our awareness of how easily one feels a sense of belonging at THE MOUNTAIN when one can contribute in some way to its maintenance.

Steve Carter has been busily at work with volunteers from Asheville NC, Augusta GA, Atlanta GA, Knoxville TN, and many other places to finish up some of our key projects to ready THE MOUNTAIN for the summer. It's nice to be entering a summer with so many crucial projects in the completed column. At last we're able to put "finishing touches" on our facility since the "biggies" are mainly done. We appreciate your work, your contributions, and your support!

#### To Contact Mo and Larry Wheeler:

Weekdays: 1120 Gunnison Ct.  
Clarkston, Georgia 30021  
404/299-2677

Weekends: THE MOUNTAIN  
704/526-5838

#### If You Knew SUUSI . . .

We're glad we know SUUSI and hope you will too. Summer Institute brings 1000 UUs together for a fun-filled week in Radford, VA, July 25-31. Look for a SUUSI brochure at your church or fellowship.

## It's Not Too Late, But It Could Be . . .

If you haven't yet made your plans to visit THE MOUNTAIN, do it now! All of our programs (except the Leadership School) still have openings. Or come for a few days (see article in this newsletter) and relax alone or with your family.

NOW is not too early to plan fall and winter visits to THE MOUNTAIN. Think about a church or fellowship retreat, personal or family visits, etc. The fall colors are their most glorious from late September to late October. November brings a different look to the area with the leaves on the ground, and by late December the ski areas are gearing up to once again make snow. As you can see, THE MOUNTAIN truly has year-round appeal!

## If You Can't Come for a Full Week, Think in Terms of a Weekend

We've got several outstanding weekend events planned.

May 28-31 **MEMORIAL DAY WEEKEND** (for Life Members only)

A special mailing has been sent to Life Members. If you did not receive one, contact the Wheelers.

June 11-13 **DENDROLOGY DAYS**

Learn about the forest and its trees in the area around THE MOUNTAIN. Mark Vodak of the Dept. of Forestry at Virginia Polytechnic Institute will present a two day workshop June 11-12. June 11 is part of the Exploring Nature Week. Mark will be staying over for Saturday's presentation and walk. Come for both days or just the weekend. It's a special treat to have Mark join us for this time.

June 12-15 **RENEWAL OF SELF**

Sylvia Barnes, Clinical Psychologist, leads this Saturday night-Tuesday morning marathon which will incorporate techniques of Gestalt, bioenergetics and psychomotor in ways to best meet the objectives of each participant.

July 2-5 **JULY 4TH CELEBRATION**

Beginning with a whitewater raft expedition on Friday, the weekend will include:



swimming, canoeing, water games, relay races, nature walks, hikes to nearby mountains and waterfalls, horseback riding, singing and dancing and a huge fireworks display! And of course, good food.

July 16-18 **STRESS MANAGEMENT**

Ken Matheny, PhD will lead the group in identifying the sources of stress, the body's general mobilization under stress, the effects of this mobilization on interpersonal relations and health, and methods for stress reduction.

July 23-25 **MEET ME ON THE MOUNTAIN I**

Stop by on the way to Summer Institute in Radford VA and spend the weekend at THE MOUNTAIN. An early Sunday breakfast will speed you on your way to SUUSI.

July 31-Aug. 1 **MEET ME ON THE MOUNTAIN II**

And on the way home from SUUSI, stop by THE MOUNTAIN for a restful weekend with other UUs.

Sept. 3-6 **LABOR DAY/ARTS & CRAFTS FAIR**

Our annual Arts and Crafts Fair, the "pig roast," a full schedule of New Games, relay races, hikes and nature walks, folk singing, and a special workshop conducted by the Southeast's new Inter-District Representative, Sid Peterman. Come a day early and join us for whitewater raft trip on Friday.

To register for any of these weekends fill out a registration form in the center of the Summer Brochure (or write to Mo and Larry) and include your registration fee of \$10 per person. Be sure to let them know your approximate arrival and departure times for meal planning purposes.

Other summer weekends may not have special programs, but they will have our usual hikes, singing, good food and good fellowship.

## Articles/Equipment Needed For Summer

If you are willing to provide any of the items listed below, please call or write Mo or Larry Wheeler immediately. Your tax deduction is our budget reduction!

- \* Washers/dryers
- \* Blankets, sheets, pillows, towels, washcloths (especially can use fitted single sheets)
- \* Sunfish or sailfish boats
- \* Backpacking equipment — daypacks and backpacks, stoves, cooking gear, tents, tarps, sleeping bags, stuff sacks.
- \* Whitewater equipment — canoes, kayaks, paddles, life jackets, drybags and inner tubes (particularly large truck size)
- \* Scientific equipment — microscopes, hand lenses, telescopes, binoculars, aquariums, test tubes, field books, dip nets.
- \* Sports equipment — horseshoe set, badminton set, archery equipment, shuffleboard equipment, ping pong equipment, etc.

On a recent visit to THE MOUNTAIN, Life Members, Charles and Virginia Dickson of Atlanta, marveled at the great increase in numbers of birdlife visiting us. Over 50 different birds have been spotted or heard on our MOUNTAIN. They talked with Maintenance Manager, Steve Carter, about his efforts to bring back the birds. Charles wrote about it . . .

### The Lord of the Flyers

By Charles Dickson

When Steve Carter came to THE MOUNTAIN  
A glimpse of a bird was rare.  
Our paradise looked like Eden  
When it had just one avian pair.

But Steve, himself somewhat batty,  
Dotes on any wild creature with wings,  
and he goes especially bonkers  
If it warbles or twitters or sings.

So he festooned THE MOUNTAIN with feeders  
Overflowing with succulent seeds,  
and the word spread afar in the feathery ranks  
That Steve would provide all their needs.

Then they rode the bright air to THE MOUNTAIN,  
Flashing many a brilliant hue:  
The grosbeak, the goldfinch, the flicker;  
The varieties grew and grew.

So thanks to Steve Carter's endeavors,  
The new choristers pour their song  
Out of THE MOUNTAIN'S trees and shrubs  
at house them the whole year long.

Now one final word about Carter —  
I wouldn't quite say he's weird,  
But is there another maintenance man  
With a bald eagle's nest in his beard?

### Tippy Canoe, Swim, Fishin' and You . . .

Again this summer our lake activities will include canoeing, free swim, and swimming lessons upon request. The trout pond will be stocked; fish will be jumping high, we hope. Fishing poles will be provided. If you prefer a rod and reel, you must bring your own.

To WALT HODGES AND ALL CONCERNED: The violent African attack geese have been removed and are now living peacefully with their children on a small pond nearby. Expeditions to observe these strange, person-eating creatures are tentatively planned.

The Recreation Department wishes all a happy, fun and safe summer.

Sally Gaines  
Recreation Director

### Summer Transportation Needs? Yes!

THE MOUNTAIN needs a small bus, large vans or station wagons to provide ample transportation this summer. Individuals willing to lease or donate any of the above should contact Mo and Larry.

### Saddle-Up Horse Enthusiasts

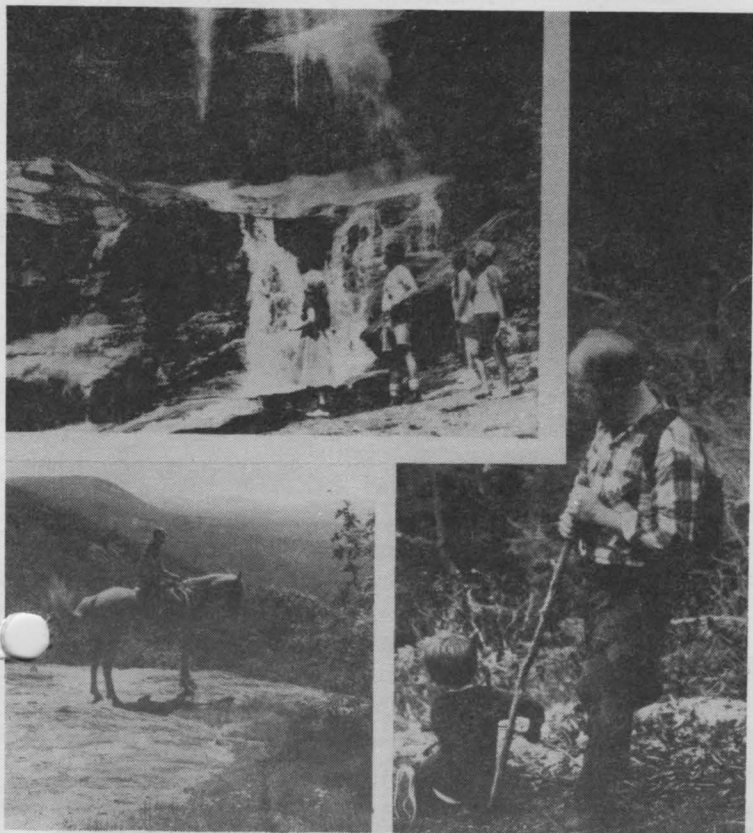
There will be exciting new horse programs this summer! In addition to trail rides, there will be pony cart rides, jumping workshops, overnight trips and full moon night rides offered throughout the summer for all ages and levels of proficiency.

Trail rides will begin with in-the-ring training for riders to get to know their horses before riding along tree-lined trails. The price of the rides will be only \$5 per person for 1½ hours.

As a special feature for children, pony rides will be available for just \$2.50 per child. The pony cart will accommodate two and will follow the same schedules and trails as regular trail rides. Safety helmets will be provided.

On evenings with full moons there will be night rides — a fun way to experience the natural surroundings. Jumping workshops will be offered to the 7-10 and 11-13 youth campers every Monday morning. They will be conducted by Cindy Somers, riding teacher, Rabun Gap Nacoochee School.

Highlighting this summer's events will be overnight trips into the National Forest. Groups will travel on horseback seven miles into the beautiful untouched woods, camp for the night, and return the next day. Aside from riding through streams and near waterfalls, each participant will learn to be totally responsible for his/her horse, including feeding, watering, and setting the animals up for the night. One hour of instruction will be provided before departure to enable riders and horses to get acquainted. Each person needs to bring: flashlight, matches, sleeping bag, back pack, a change of clothing, rain gear, etc. Food and tarps will be provided. Trips are scheduled as follows: June 29, July 1, 22, August 9, 16, 23, 30, and Sept. 2. Due to the heavy demand and time limitations, those interested in this unique excursion or any of the horse programs should contact Sally Gaines, Recreation Director c/o THE MOUNTAIN as soon as possible. \$15



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## 1982 SUMMER PROGRAMS

Week	Minister of the Week	Programs
May 30 - June 5	-----	A Week of Rivers, Crafts, Work Week
June 6 - 12	Charles D. Saleska Unitarian Universalist Fellowship, Gainesville, FL	Exploring Nature, Darkroom, Celebrating Our At-Homeness
June 13 - 19	Judith A. Urquhart The Peoples Church, Cedar Rapids, IA	Creative Writing, Renewal of Self, Cosmic Theology Sr. High Camp (week 1)
June 20 - 26	George C. B. (Pete) Tolleson Unitarian Universalist Fellowship, Greenville, SC	Creative Writing, Painting, Tai Chi, Astronomy, Tennis, Sr. High Camp (week 2)
June 27 - July 4	Frank L. (Terry) Sweetser Thomas Jefferson Memorial Unitarian Church, Charlottesville, VA	2nd Annual Religious Education Conference, Being Sane in an Insane World, Work Week — ages 14-17 Adventure Week — ages 17-19
July 5 - 11	John Buehrens First Unitarian Church of Dallas, TX	String Ensemble, Exploration with Emerson, Adventure Week — ages 14-17
July 11 - 17	Richard F. Boeke First Unitarian Church of Berkeley, CA	The Inward Journey, Photography, Youth Camp — ages 11-13 (week 1)
July 18 - 24	Kenneth T. MacLean Cedar Lane Unitarian Church Bethesda, MD	1st Annual Leadership School, Myths to Live By, Youth Camp — ages 11-13 (week 2)
July 25 - 31	Richard S. Gilbert First Unitarian Church, Rochester, NY	Theology Through Biography (Philosophers), Gilbert & Sullivan, Awareness of Death in Living, Youth Camp — ages 11-13 (week 3)
August 1 - 7	Michael McGee The Unitarian Church, Meadville, PA	Rockhounding, Adventures for All Ages, Youth Camp — ages 11-13 (week 4) & 7-10 (week 1)
August 8 - 14	Jan Vickery Knost The Unitarian Church, Summit, NJ	Rockhounding, Parents as Resident Theologians, Discovering Your Poetic Self, Career Enhancement/Change, Youth Camp — ages 7-10 (week 2)
August 15 - 21	Timothy W. Ashton Roanoke Valley Unitarian Church, Roanoke, VA	Adventure Week; Owning Your Religious Past; Discussing Sex, Death & Divorce with Children; Sing For the Fun of It; Adult RE? - Adult RE! Youth Camp — ages 7-10 (week 3)
August 22 - 28	Richard A. Kellaway Unitarian Church of Sarasota, FL	Living Well on Less, Crafts, Home Repair, Personal Transformations, Tennis
August 29 - September 4	Patricia Bowen First Unitarian Church, South Bend, IN	Baskets, Pottery, Darkroom, The Journey Inward, Work Week, Exploring Nature

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